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JULY 10.03

Photo Essay:
Antique Store
Fronts
20

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Volume XV #26

casco bay weekly

July 10, 2003

GREATER PORTLAND'S COMMUNITY JOURNAL OF NEWS, ARTS & HAPPENINGS

Portland Art Galleries and Antique Shops

Folks in every income strata in Portland and Southern Maine have always had a great interest in good art and fine antiques (even before antiques were made "cool" by television shows.) Whether from internationally celebrated artists or yet to be "discovered" local artists, whether traditional or avant-garde, Portland's many diverse Art Galleries offer it all. In this issue leading up to the two huge antique shows in the Portland area on the 17th, we will explore and celebrate Maine's rich market for both artistic and antique objects. Beginning on page 15.



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PORTLAND Sea Dogs™



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July 17 Go Speed Racers....

Racing has a huge fan base. Not only throughout the
states, but also here in Maine. The popularity of Nascar
has driven many to want to drive and drive fast. We'll see
what happens when race fans become race car drivers.
From dreams to reality.

July 24 Portland Public Market

Since 1998, the Portland Public Market has been a hub of
activity, generating business and creating a sense of com-
munity in Portland. You can go there and shop for fresh
produce or meet up with friends for a bite to eat. We will
bring you up to date as to what you can find in the Port-
land Public Market.

July 31 Portland Night Life

Just because the sun goes down doesn't mean the fun
stops in Portland. No matter what night of the week it is,
something is going on, whether it be Karaoke or dancing
on the bar. We will take a closer look at what's happen-
ing in Portland when the street lights go on.

Aug 6 To Be a Lobsterman

Lobsters are one of Maine's great natural resources but so
are the men and women who catch them. In this issue we
will salute them with a story of a fisherman that's been
towing the traps for the last 48 years, and look at the
laws, lobsters, and love for this business that keeps them
going.

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Inside scoop

Rugged Computers For Maine State Police TransCOR Information Technologies Completes Installation

by Michele Kiefer

The Maine State Police force now drives rugged and ready following the recent installation of 300 rugged computer systems in the State Police vehicles. These ruggedized systems, provided by Georgetown, Massachusetts-based TransCOR Information Technologies, enable officers to remotely access critical information on-line, complete and print reports in-vehicle, and navigate and track incident locations via mapping and global positioning systems.

"We are looking forward to increasing the safety of our citizens and of our state troopers with the additional information we will have easily at hand through these in-vehicle rugged computer systems," said Lieutenant Colonel Jeffrey Harmon of the Maine State Police. "Remote connectivity now available in the state police vehicles helps officers access and deliver more timely and better quality information, enabling them to make better decisions," he said. Rugged computers equipped with wireless modems allow officers to communicate via email, access the internet, and perform on-line inquiries to the National Crime Information Center enabling them to check license plates, vehicle registrations, and driver's licenses for wants and warrants, parole violations, and more. Simultaneously with the rugged computer installation project, the Maine State Police is upgrading its dispatching services and records management systems, and has installed a crash reporting system.

"The durability of the rugged computer equipment is an important factor in our decision to install these systems," said Lieutenant Colonel Harmon. "Any laptop would convert to in-vehicle use, but it wouldn't survive the day-to-day hardships of the environment that a police officer works in. A non-ruggedized computer would not last for the required life-cycle of the applications we are using." State police officers are most frequently called out on rainy and snowy days, and the vehicles frequently experience high speeds with accompanying high vibrations. "At times officers travel at high speeds, over unimproved roads and even off road situations such as across fields, over access curbs and railroad tracks. The rugged computer and mounting systems will take the abuse," said Wayne Gallant, director of Information Services for the Maine State Police. "This project moves technology into the arena where officers spend their time. We don't want them to have to worry about the safety or reliability of their computers," he said.

Rugged computers are designed and built from the ground up to withstand harsh environments that can impact sensitive computer hardware and software. "Improved gasketing seals out moisture and dust, and shock absorption properties protect the hard drives from constant in-vehicle vibrations that can easily damage non-ruggedized systems. The outer castings and chassis are molded from magnesium alloy to minimize external damage," said TransCOR President Tom Haywood. "Rugged computers require much less

maintenance and repair than other systems, reducing down-time and repair costs," he said.

Convenience was key to the success of the project. "We could never have done this project if we had had to send our vehicles out of state or off-location for installation, and then wait for their return," said Lt. Colonel Harmon. "It was a combined effort between our personnel and the teams from TransCOR. Our staff provided training on the software, while the TransCOR staff installed the equipment on-site and showed us how to use it," said Wayne Gallant.

The rugged computer project with the Maine State Police also provides a service depot program. "If any malfunction or damage occurs, we can swap out the equipment, replace it with a unit from our spare pool, and send the non-working item off for repair," said Wayne Gallant.

Some state police officers are stationed several hours away from a troop barracks, and may not make it in to headquarters for weeks at a time. The rugged computers allow them to file reports remotely. "Any time you can reduce the amount of down time that a trooper has to spend driving to a place to file a report, you are increasing the amount of time that trooper has available to be alert and on the job, improving public safety," said Major Craig Poulin of the Maine State Police. The officers can also remove the computers from the cars and put them into a docking station in their home offices, as well as at State Police barracks. "Before implementing this technology, it could take weeks before an accident report was filed and available to the public. Now it can be completed and filed right from the accident scene," said Lieutenant Chris Grotton.

The size and remoteness of Maine can be challenging, particularly when it affects the time it takes a trooper to reach an accident site. The new in-vehicle global positioning and mapping capabilities allow troopers to determine the location of a crash site quickly, accelerating their response time to incidents. Officers can now locate an accident and arrive there more quickly than before.

Many commercial vehicles travel along both state highways and smaller roads on a regular basis. "Our in-vehicle reporting systems allow us to review safety standards on commercial vehicles, and to provide hard-copy reports to truck drivers requiring corrections reports and safety notices," says Lieutenant Colonel Harmon. "Our reporting capabilities will be even more widespread as new software becomes available," he said.

The response to the rugged computers has been overwhelmingly positive. "Our state police force is going through a lot of technological changes. The rugged computers are a long time in coming, and very well received," said Lieutenant Grotton.

"Different applications will be available at officers' fingertips to help solve crimes," said Major Craig Poulin. "Clearly, anytime you give police officers better crime fighting capability, you're going to have a positive effect on public safety."

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community notices

Mission Possible Teen Center Needs Volunteers

Mission Possible Teen Center—We need you! Ways to support your local teen center... and have some fun!

- 1) Volunteer to do some cooking, a craft activity or special skill. Even if you only have an hour a week or month to spare, it will greatly help!
- 2) Be a mentor! If you have an hour a week, we have a youth who needs you! Our mentor program pairs an adult mentor with a youth who really needs a trusted adult support person to spend some time with, whether its playing a game, reading a book together or embarking on an art adventure, your time is precious to some of these kids.
- 3) Have dinner with us! Bring a crowd, your church community, neighbors, co-workers and cook dinner here! That's right, we serve dinner here every night free for the kids. If you feel like showing off your culinary skills or you just know how to boil some hot dogs, have dinner with us!
- 4) Help us with our wish list. Because our center is rocking and rolling Monday through Friday, items here get pretty worn out! We are always in need of the following:
 - Wish List
 - o Computers
 - o Furniture—couches, chairs, bookshelves, end tables
 - o Lamps
 - o Plants
 - o Books!
 - o Kitchen Utensils, dishes, cooking equipment
 - o Clean Clothing, bedding, towels (we send items out to families in need)
 - o Rec Equipment—softball mitts, balls, bats, Frisbees, basketballs
 - o Games—electronic, board games
 - o Puzzles
 - o Craft Supplies

For more information or if you'd like to help, contact the teen center at 854-2800.

Peoples Beach to Beacon 10K Road Race Fills Fast

Registration for this year's Peoples Beach to Beacon 10K Road Race is now closed, marking the earliest the race has filled in its six-year history. The field, boosted to 5,000 last year, is now complete for the popular international event, set for Saturday, August 2, in Cape Elizabeth, Maine.

"The level of interest in this race continues to grow and grow, not just in Maine and New England but around the world," said David Weatherbie of Cape Elizabeth, president of the race. "Every year, more and more people want to get involved. It's a real tribute to the organizers and the volunteers who make this event what it is."

The race begins at Crescent Beach along Route 77 in Cape Elizabeth and ends 6.2 miles later in Fort Williams Park at the Portland Head lighthouse, the most photographed lighthouse in the world.

Registration forms were accepted online as well as by mail by Peoples Heritage Bank, which sponsors and coordinates the race founded by Joan Benoit Samuelson, the Olympic gold medalist from

Maine who also serves as a spokesperson for the Peoples Promise Program for youth in Maine.

In addition to Peoples, other major corporate partners this year include Nike, UnumProvident Corp., Poland Spring, Hannaford and WCSH TV-6.

The youth organization chosen by the bank to be the race beneficiary is Seeds of Peace, a group that promotes to tolerance and understanding among youth around the world through its various camps, including one in Otisfield, Maine. Peoples will provide a cash donation of \$30,000 from race proceeds, and Seeds of Peace will further benefit from fundraising opportunities and publicity valued at more than \$40,000.

For additional information, including volunteer opportunities, visit the race web site at www.beach2beacon.org or call the toll-free hotline at (888) 480.6940.

All 529 College Investing Programs in Maine Now Treated Equally

The Finance Authority of Maine (FAME) and the State Treasurer's office highlighted a small but significant provision of the Maine State Legislature's recently signed Budget Bill. A budget bill passed earlier in the session would have required that distributions from 529 plans other than Maine's own NextGen Plan would be subject to state taxation for a three-year period, even if used for qualified higher education expenses.

In a cooperative effort with the Office of Governor John Baldacci, FAME, and State Treasurer Dale McCormick, the Legislature's Appropriations Committee removed that requirement, citing their desire to encourage investment for Maine students to continue their education beyond high school.

Active in encouraging the removal of this unequal tax treatment provision, Merrill Lynch Director of Education Savings Programs, Chuck Toth said, "Maine continues to take a leadership role in advancing the public policy goal of helping Maine families invest for higher education through tax-advantaged 529 programs, regardless of which program the investor chooses."

McCormick and FAME Chief Executive Officer Charlie Spies agreed that having qualified distributions from all 529 programs now tax-free at both the federal and state level in Maine is less confusing and should help families save for college with these tax advantaged programs.

Additional Housing Opportunities for Portland's Neediest Populations

Portland's neediest populations will have additional housing opportunities in the next few years, funded by \$500,000 in subsidies awarded to Shalom House Inc. through the Maine State Housing Authority. One subsidy for \$250,000 will fund a six-bed transitional housing program for chronically homeless adults with mental illness. Another \$250,000 subsidy will fund a six-bed transitional housing program for adults with mental illness.

Transitional housing means the occupants can stay at the residences for a maximum of two years.

Casco Bay Weekly welcomes your community notices. Please keep your thoughts to less than 300 words (longer submissions may be edited for space reasons), and include your address and daytime phone number. Send to Notices, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbwpub@maine.rr.com

The units should be ready by 2005. "With a tremendous growth in the number of homeless people, many of whom have mental illnesses, we are pleased to be able to develop housing for 12 more people," said William Floyd, housing director for Shalom House. "That's what we are here for."

The nonprofit Shalom House is in its 31st year of providing housing and support services for people living with mental illness in Cumberland and York counties. Shalom House currently operates 19 housing programs serving 149 people. The \$500,000 comes from the proceeds of a \$12 million state bond issue that was approved by voters in 2001. One of the components was that \$1 million be set aside for the development of housing for consumers of mental-health services.

"Our ultimate goal is to eliminate homelessness in Maine, and this housing is an important step in that direction," said Michael Finnegan, director of the MSHA, which made the award earlier this month.

Seeds of Peace Launches Fundraising Race-a-thon as Part of Peoples Beach to Beacon 10K Road Race

Anyone who missed out on getting into the filled Peoples Beach to Beacon 10K Road Race still has a chance to participate if they are willing to act quickly to help out a good cause. Seeds of Peace, the race beneficiary for this year's Peoples Beach to Beacon, has launched a fundraising race-a-thon with 100 coveted race numbers for the August 2 event. To secure a place in the field of 5,000 runners for the popular international road race, which closed registration in early June, participants in the race-a-thon must collect pledges or make a contribution totaling \$500 to Seeds of Peace.

To register for the Seeds of Peace race-a-thon, email seedsb2b@hotmail.com or call (207) 761-0024. With the race field closed sooner than ever, demand for the remaining race numbers is expected to be high. Those interested are encouraged to act quickly. For additional information on the race, visit the Peoples Beach to Beacon web site at www.beach2beacon.org. Information on Seeds of Peace can be found at www.seedspeace.org. Depending on the amount raised, participants in the Seeds of Peace race-a-thon will also be eligible to receive a wide variety of prizes, including a weekend stay for two at Migis Lodge on Sebago Lake, tickets to the annual Seeds of Peace Gala in New York City, and more.

Since 1993, Seeds of Peace has graduated over 2,000 teenagers representing 22 nations from its internationally recognized conflict-resolution and coexistence program. Through these programs, at the International Camp in Maine and at its Center for Coexistence in Jerusalem, participants develop empathy, respect, communication/negotiation skills, confidence, and hope—the building blocks for peaceful coexistence. A jointly published newspaper, list-serve, educational conferences and seminars provide year-round follow-up programming.

For the past three years, Seeds of Peace has included sessions for local and immigrant teens from



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Maine - the organization's first effort to apply its methods of conflict resolution directly to an American contingent. There is no other such program available to and serving Maine youth.

Now in its sixth year, the Peoples Beach to Beacon 10K Road Race has grown to become a top international road race. The race attracts elite runners worldwide as well as top road racers locally and across New England. With runners from nine countries and 43 states participating in 2002, the athlete cultural exchange is a special aspect of the event.

That effort to promote understanding will be further enhanced this year by the selection of Seeds of Peace as the youth beneficiary, according to Joan Benoit Samuelson, Maine's most recognizable athlete who founded the race.

"Seeds of Peace's formula for addressing ethnic and racial tensions is known the world over and we look forward to assisting the organization with such a worthwhile and timely youth program," said Samuelson, a 1984 Olympic gold medalist and two-time Boston Marathon champion.

American Red Cross Alerts Public About Serious Blood Shortage

There is a blood shortage in the state of Maine. The American Red Cross Blood Services—New England Region says blood donations have dropped to seriously low levels. Donors of all types are needed. A recent decline in donations has added up to more than an entire day's worth of collections. (So far this month, the state is short 450 units of blood.) Donations have dropped by over 1/3 compared to this time in previous years. Of the eight blood types, five are running at 1-day supply or less.

"We are not able to meet all of our hospital requests for blood products at this time, especially types O positive and O negative. We are working very closely with our hospitals and very carefully monitoring our inventory," says Harold Crabill, Director of Maine Operations for the Red Cross Blood Services. If this trend continues, hospitals may not have the blood they need to handle emergencies this summer.

The summer season traditionally sees a drop in blood donations due to vacation schedules and fewer blood drives sponsored by high schools and universities. Approximately 20% of our region's blood supply comes from high school and college students. In addition, summer is a season of heightened outdoor activities such as biking, boating, hiking and swimming. The need for blood to treat the types of injuries that may occur from these activities may also increase further straining the blood supply used to meet the routine needs of cancer patients and people with other blood disorders.

Dr. Dora Mills, Chief Health Officer of the state of Maine, knows first-hand how important having an adequate supply of blood on hand can be. She suffered a rare complication while giving birth to her son, and relied on transfusions of blood to survive. "My son and I might not be here today if there had not been blood for us," she says.

Many people think blood can be stored indefinitely. However, blood is a perishable commodity. Red blood cells last for just 42 days. Platelets only have a five-day life span. New donors are needed every day to replenish the supply of all products. Blood donations have dropped across the country, with several blood regions appealing to the public for support. The American Red Cross Blood Services provides blood products to every hospital in

the state of Maine.

Anyone who is at least 17 years of age, weighs at least 110 pounds and is in generally good health may be eligible to donate. Individuals can donate every 56 days. To schedule an appointment, or for more information about donating blood, please contact the American Red Cross at 1-800-GIVE-LIFE (1-800-448-3543). The need is real. The need is now.

Museum To Sponsor Summer Fair

The Fifth Regiment Museum's Annual Summer Fair takes place on Saturday July 12 from 11am to 2pm on Peaks Island. Gifts, homemade candy and baked goods, a raffle and silent auction, and games to entertain the kids will be available. A delicious lunch that includes freshly grilled hamburgers and hot dogs, chili and strawberry shortcake will be served on our seaside verandah. There's sure to be something for everyone at this fun event!

The Fifth Regiment Memorial Hall was built in 1888 by veterans of the Fifth Regiment Maine Volunteer Infantry as a reunion hall and summer cottage. Since 1954 volunteers have worked diligently to restore the hall and open it to the public as a museum of Maine Civil War and Peaks Island history. Programs and activities offered include exhibitions, walking tours, lectures, Civil War encampments, concerts, art shows, and school programs. Membership is open to the public. For more information, please contact the Fifth Maine at (207) 766-3330 or email fifthmaine@juno.com.

Kathleen Cole Awarded Child Care Credential

Kathleen Cole of Portland has been awarded a Child Development Associate (CDA) Credential in recognition of her outstanding work with young children. The credential was awarded by the Council for Professional Recognition in Washington D.C., which represents the early childhood profession.

CDA is the only major national effort to improve childcare by evaluation and recognizing the skills of individuals providing care. The First Credential was awarded 25 years ago, and now 46 states, including the state of Maine, plus the District of Columbia include CDA in their childcare licensing regulations.

Parents who use childcare are especially concerned today about their children's welfare. With this in mind, as part of the CDA assessment process, every Candidate for the CDA credential is observed working with young children by an early childhood validator. In addition, the candidate must demonstrate the ability to work with families to develop children's physical and intellectual capabilities in a safe and healthy learning environment.

Child care staff and parents wanting information on CDA should write the Council for Professional Recognition at 2460 16th Street, NW, Washington, D.C., 20009-3575, or call (202) 265-9090 or (800) 424-4310.

Falmouth Woman to take "Letters to Afghanistan" in July with Other Alumni of the American International School of Kabul

Anne Michalec Payson attended the American International School of Kabul in Afghanistan in the early 1970's while her father was a professor at Kabul University. For the last two years Afghanistan has been on her mind and in her con-

versation a great deal. "In general, there is a lot of support for the Afghan people, but Americans really don't know much about their culture, or how to connect on a personal level," said Payson.

This summer, Payson will travel with a group of 15 alumni and Afghan Americans from all over the U.S. to Kabul as part of a two-pronged project to reach out to Afghan children, and film a documentary to help educate Americans about Afghan culture and history. Called "Growing up in Afghanistan," the documentary is being produced by alumna journalist Stacia Teele of New York City and award-winning cinematographer Wolfgang Held. The film will be shown on television and in film festivals in this country. Funding is being sought from private donors, corporate sponsors, and foundations. The outreach portion of the trip, "Letters to Afghanistan," is designed to help foster a more personal connection between Americans and Afghans. "We will take with us letters of support Americans have written to Afghan school children," said Payson. "They will be personal and signed, and perhaps include a photo or a drawing. We want to give one to every child who comes to our events."

The Afghan Minister of Culture, Dr. Makdoom Raheen, has invited the group to come to the country and speak at a series of events for Afghan school children. The alumni group, who lived in Afghanistan during the golden era" of the 1960's and 70's when the country was a thriving democracy, will describe what their own childhood years were like. By doing events like these for Afghan American communities all over the U.S., alumni have inspired hope and interest in the reconstruction of Afghanistan. Capturing on film the alumni memories and experiences of the Afghan people will dispel myths about Afghanistan, and help the American people understand the Afghan situation. The group of alumni is coming from all over the U.S., including Seattle, Fort Worth, New York City, Oakland and San Francisco, California, Washington, DC., and Cooperstown, New York.

To partially fund the trip and the film, the group is working to raise \$25,000 by the end of July. Anyone interested in writing personal letters to Afghan school children can send them to "Letters to Afghanistan," c/o Mamie Gustavson, P.O. Box 4792, South Colby, WA 98384. For more information, contact Anne Michalec Payson at 781-2501.

your turn

Dear CBW:

2003 marks the 30th anniversary of a series of nuclear fuel cladding failure-related accidents at the Maine Yankee Atomic Power Company (MYAPC), which contaminated reactor water systems beginning in 1973. In 1984, there was a major dispersal of some of this spent fuel material when the reactor water storage tank leaked thousands of gallons of contaminated

water along the west side fence line of the plant boundary. The size and significance of this water tank leak was not documented until the licensee published its site characterization report in the GTS Duratek Characterization Survey Report for the Maine Yankee Atomic Power Plant, revision 1. (See: Secret Survey R2501 at http://www.davistownmuseum.org/cbm/Rad9e4_2501.html.) The soil contamination that resulted was the largest documented spill at any U.S. NRC supervised nuclear power plant in the records available to the general public. The reactor was shut down prematurely, in August of 1997, due to a second episode of fuel cladding failure, which again contaminated the reactor vessel and reactor water systems. Maine Yankee Atomic Power Company had the integrity to provide a copy of the site characterization report to the Maine State Library and thus to the general public. After the plant was closed, they also released previously classified documents detailing significant quantities of spent fuel pellets in vacuum filters within the spent fuel pool.

The legacy for our children of 25 years of nuclear power in Maine is a semi-permanent high-level waste site in Wiscasset costing in excess of 800 million dollars and containing 99.9% of the radioactive waste generated by this facility. At least 20% of the spent fuel in the spent fuel pool has suffered some degree of fuel cladding failure. Long-term on-site storage of this damaged fuel in the facility now under construction is inappropriate. The amount of additional high-level waste debris in the spent fuel pool is undocumented, as is the environmental impact of plant operations and the total cost of the debacle at Maine Yankee a cost that will be borne by the taxpayers of Maine for hundreds of years.

The spent fuel failures at MYAPC and the resulting contamination are as much a part of Maine's history as the visit of George Weymouth in 1605 or the burning of Portland during the Revolutionary War. The failure of the Maine press to follow up the data gradually released by Maine Yankee and its contractors and do a detailed story on the source terms (contamination quantities, pathways and destinations of leaked spent fuel) of these accidental releases and their impact on the cost of decommissioning marks the darkest hour of Maine's electronic and print media.

Yours truly,
H. G. Brack
Hulls Cove, ME

Casco Bay Weekly wants your letters! Please send your submission (no more than 300 words), to Letters, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101 or e-mail: cbwpub@maine.rr.com. Be sure to include your address and daytime phone number.

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Living From The Inside Out- The Whispers of Our Desire

by Melissa Mirarchi

The film begins with five or six soldiers, Americans, walking in knee-deep water surrounded by thick jungle. The men are relaxed, making small talk and laughing, until they hear rustling leaves. They reach for their weapons ... too late. There is chaos — breaking branches, splashing water, gunshots, shouts, and screams — then silence.

The film cuts to the soldiers, lying motionless by the water's edge. It looks as if there are no survivors until the film's perspective changes — through the eyes of one soldier, we see someone coming, moving quickly from man to man, rummaging through every pocket, riffling through wallets.

Slowly, the scene fades to black. When the soldier regains consciousness, he finds himself lying in a cave. His wounds are wrapped and a foreign woman is sitting by his side. In time, as he begins to heal, the soldier figures out this woman was the one ransacking wallets; she'd pulled out all the photographs his fallen friends had carried. The soldier can see them, and hundreds of others — smiling, hopeful, frozen faces — all arranged on a makeshift altar, surrounded by lit candles. This woman has devoted her life to crying for these people. She says to the soldier, "If I don't cry for them, who will?"

The soldier recovers from his wounds and he and the woman fall in love. They are happy in their hidden cave, until one day when they hear something coming: a pick-up truck, American soldiers. The man waves the truck down and the woman weeps. She tells him that she can't come with him. She says she must stay and cry at her altar. The soldier begs her, "Please, come with me." He climbs in the truck bed and turns to face her as the truck begins to move. The woman grows smaller as the truck slowly leaves her.

Then she begins to run. The soldier reaches his hands toward her. She reaches her hands toward him as she runs. She gets closer. And closer. Their hands are almost touching.

The image freezes and fades to black. I can't recall where I saw this film. I can't recall its name. I only know that it moved me deeply. This woman who lived in a hidden cave, crying for the dead and their loved ones, nursing the

wounds of a foreign soldier, being forced to choose.

Though, for most of us it is far more subtle, we've all been forced to choose — to follow where life beckons us, or remain in the place where we've been.

I can imagine the woman's pain as she watched the truck leave her behind. I imagine she must have felt torn in half by the tug of what her life had been and the pull of what it might become. There was no clear answer, no right or wrong choice, no logical deciding factor, no relief from the knowledge that, whatever she chose, there would be loss, as well as gain, sorrow as well as joy.

The woman had no time to think, no time to figure out an answer. Yet a force from somewhere deep inside her made her body start to run. Sometimes our minds are inadequate: We can ponder for weeks, months, or even years the pros and cons of every option. One minute Plan A is the course we must take. The next, it is clearly Plan B.

Being torn between options is excruciating when there's no choice that's clearly more right than the other. These are the times when only desire can tell us what to do. But desire speaks softly, sometimes it barely whispers. It cannot be heard beneath the loud debates that fill our minds.

We live in a culture that venerates logic, that puts facts and reason above intuition, that scoffs at instinctual knowing. Most of us learned not to trust our bodies; instead, we try to think through decisions that reason can't navigate.

When we find ourselves torn between two choices, knowing each one holds both grief and joy; when our best thinking leads us in endless circles; when we're tempted to linger in status quo, run away reactively, or flip a coin, do anything to ease the pain of being ripped in half, these are the times when we need to remember what we learned to forget so long ago: Sometimes our bodies know more than our minds do. Sometimes we need to abandon logic and listen, instead, for the faint, soft whispers of our desires. We need to be quiet. We need to be still, to wait, to listen carefully for the answers we already know.

Melissa Mirarchi is a registered counselor practicing in Portland. She can be reached at becoming@maine.rr.com.

paw print

The Dog Days of Summer

by Nancy Freedman-Smith

Ask my dog about the 'Dog Days of Summer' and she will not know what you are talking about. Nine months out of the year she is my near constant companion. I am home with her, or she is out and about with me. Then B-A-M, the kids get out of school, the weather is hot, and she is home alone...a lot. Not invited to the pool, not allowed at the beach during the day, too hot in the car even for a few minutes when we are running errands, and not invited to a friend's vacation house, she finds herself home alone — and she doesn't like it!

Dogs are very social animals and they thrive on routine and companionship. For many dogs, this time of year is one of worry, loneliness and separation anxiety. I have found, the older the dog gets, the more difficult changes are for them. Older dogs can suffer with a new routine, be it kids home from school, a new work schedule, vacations, or the end of summer.

There are a few things you can do to help your dog's transition and to help your dog avoid serious separation anxiety: the kind that ruins furniture, and has your neighbors calling the police.

One of the key cardinal rules in minimizing separation anxiety, is to make your entrances and exits calm and low key. No big deal. No high pitched doggie voices, and no long good-byes. Ever try that one with a preschooler in the house? Now that is an oxymoron! Getting my three kids out of the house on any given day is a monumental achievement. My dog must think we are leaving for the moon, never to return, when she sees me packing picnic lunches and beach gear.

Leaving your dog is similar to dropping off a child at daycare. Make sure they are in a safe place (possibly a crate), and tell them something comforting, like "see you soon" as you depart. Don't linger, and don't keep looking back. Consider blocking off the window to the street, and do leave on a TV or radio. As for the new toys with your recorded voice — they can be fun when you are at home, but they are really for you and not the dog. Hearing your voice when you are away will only make your dog more anxious. That means no messages on the answering machine either (you know who you are). Leaving your dog appropriate things to

chew on is always a good idea. Most destructive chewing takes place in the first 20-30 minutes after we leave the house.

When you return, keep it low key and do not pet your dog until it calms down a bit. Come in and go about your business. Teaching a solid sit at the front door, is always a good idea. Do not come in and make a huge fuss over the dog. They will think there is something to worry about next time you leave them.

The second cardinal rule is to be sure and tire your dog out well ahead of time. In the summer, if you know you are going to be away longer than usual, try to get your dog out and exercised in the morning, being sure they thoroughly relieve themselves. It is not necessary to leave food and water down during the day when no one is there to take them out. It is the old "what goes in must come out (eventually)" rule. It may mean losing a little sleep and getting out for your walk EARLY. Remind yourself that it is good for (both of) you!

If your dog is having a really hard time making the transition to summer, you could try leaving, following the above steps and returning, first in a few minutes, and then for longer and longer intervals. Try not to come in if the dog is barking. The dog will think their barking brought you back, and bark all the more next time. If you can stick to any sort of schedule that will help immensely. Walking and feeding schedules will greatly add to your dog's sense of security.

And my last "rule" is to try to include the dog in family activities whenever possible. This week my dog enjoyed frog-hunting with the kids at the pond in the Evergreen Cemetery. Dogs are allowed on the far side of the pond off-leash, and on-leash elsewhere. We went for a few hours yesterday, and everyone had a blast — especially the dog. Her eyes are still thanking me today.

Nancy Smith is owner of Gooddogz Dog Training in Portland, and application coordinator for New England Border Collie Rescue. She can be reached at Gooddogz1@aol.com, or www.Nebcr.org.

Adopt a Pet: Ring Ding

by the Animal Refuge League



Affectionately known as the "Hostess Boy," Ring Ding arrived at the shelter as a stray from Scarborough. A sweet, submissive gentle giant, Ring Ding only wants affection and love from people. Despite his imposing appearance, Ring Ding is a squishy love bug of the highest order! Treated successfully for a pesky urinary tract infection, Ring Ding is hoping his summer fun will start soon. Not a dog for novices or those seeking ego gratification, Ring Ding is a strong, powerful athlete who needs work on leash manners. Ring Ding has no interest in toys per se, but loves to have Kong's and bones to chew on. Ring Ding has a bit too much interest in cats and small animals, so his placement would be to a home without either. Staff and volunteers alike have grown to love this handsome boy, and Ring Ding routinely accompanies those heading out to lunch. A bit of a food thief, Ring Ding has a soft spot for breakfast sandwiches. Everyone has a soft spot for Ring Ding, but his home is not the shelter. Perhaps the best life he has known to date, Ring Ding deserves to be adored by his special family who understands and appreciates the fact that not every book can be judged by its cover.

Ring Ding is available for adoption from the Animal Refuge League, 449 Stroudwater Street, Westbrook. (207) 854-9771 or www.arlgo.org.

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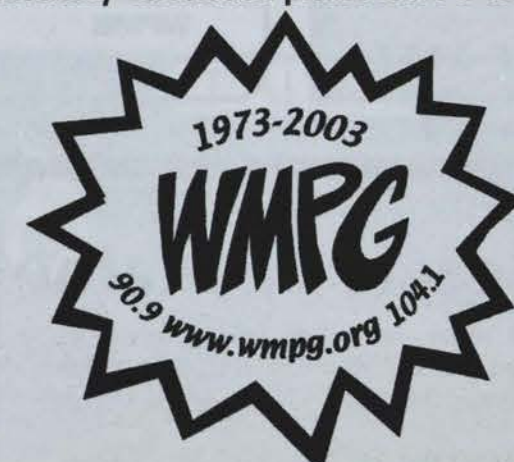
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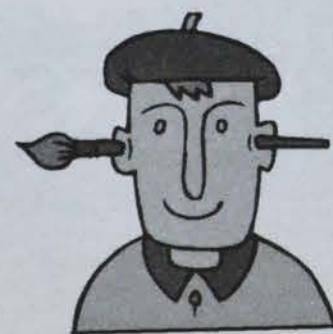
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Non-profit *news*

Complementary Alternative Therapies May Help People With MS

by BJ Bangs

When you think about alternative therapy, you may think about snake oil or some radical treatment from some tree or root in Mexico. It may conjure up thoughts about bee stings or something that's totally off the wall or it may signify the greatest cure-all coming down the pike. Is it for real or is it a gigantic hoax? Then again, it might be your only hope because there is no guaranteed cure.

Two thirds of all people with multiple sclerosis, an incurable chronic disease affecting the central nervous system, use 'alternative therapies' in conjunction with traditional medical treatment—Complementary Alternative Medicine (CAM). This doesn't mean they use snake oil. They change their diet, take vitamins, or exercise.

If there is no cure for an illness, people tend to look at "what else is there that might help; what can I do to improve my quality of life," said CAM expert, Dr. Allen Bowling, who was the keynote speaker at the June 14 Wellness Conference sponsored by the Maine Chapter, National Multiple Sclerosis Society. Dr. Bowling is Associate Medical Director at the Rocky Mountain MS Center and Director of the CAM Program at the University of Colorado Health Sciences Center.

There's a gray area between alternative and conventional medicine. Dr. Bowling has spent the last ten years trying to bring the two closer together. "When conventional practitioners talk about alternative, they think about snake oil. When we flip the coin, alternative thinks conventional is too literal and alternative is the only way to go."

Neither philosophy is right, he says. "When I started doing this ten years ago, you didn't talk about alternative therapy in medical school. Now all medical schools have at least one course on alternative therapy. However, most medical practitioners still don't really have a good understanding of alternative medicine," he said.

How did he cross the line? Dr. Bowling says, "Patients would come to me and ask what else can I do. I'd say go to the internet and find some books that offer good solid advice." Then, he started looking for information, and was quite surprised. There was no one source of quality information. "It was very conflicting. I was facing the same dogma as my patients. Where do I find good solid information about alternative therapy? There wasn't any."

While Dr. Bowling was working at an Alzheimer's Clinic, preliminary studies showed large dosages of Vitamin E slowed down the progression of memory loss. This scientific evidence confirmed that vitamins could be beneficial in treating this incurable disease.

Thus, Dr. Bowling started reviewing the large body of relevant scientific and clinical research about alternative therapy. He created his web site, www.ms-cam.org and started writing, offering sound advice in a market where he believed there was none. Such advice can be found in his book "Alternative Medicine and Multiple Sclerosis: A Practical Guide" (Demos Medical Publishers, 2001).

"The first thing I recommend is staying with conventional therapy - taking one of the interferon drugs by injection or mitoxantrone, a form of chemotherapy.

The best CAM, if I was going to recommend one thing, is diet," he said, "a diet that is low in saturated fats, and has lots of Omega 3 and 6 (found in fish). If someone is really serious about



Chris Robichaud and Greg Corbett doing water therapy a diet for MS, he recommends a moderated Swank Diet.

Vitamins and herbs are tricky, he said. People with MS and other autoimmune diseases should stay away from Vitamin C and Zinc, because they trigger an active immune system. With MS, you want to slow down the immune system which is attacking the myelin surrounding the nerves. He recommends taking a moderate amount of Vitamin E, an antioxidant, and there is evidence that St. John's Wort may help alleviate minor MS related depression.

Exercise is good for everyone including people with MS. Westbrook resident Chris Robichaud, 37, swears by water therapy. He could hardly move before he started aquatics two years ago... "I was all hunched over," he said. The fear factor was overwhelming, he said. "I just started taking baby steps". It took three months to get rid of the cane. Today, Chris is thinking about taking up roller blading again. "I'm glad I kept the pads," he said.

The water works as resistance. It buoys a person up, and it's hard to fall, and people who cannot walk at all, can walk freely in the water. There's no gravity factor, said Greg Corbett, a certified therapeutic recreation specialist. "The water is there. You just have to learn to use it."

Liz Beck, 44, of Gray, was diagnosed with MS in 1996, and she takes a very different philosophy. She only uses alternative therapy. "I just don't believe there's enough evidence that the drugs really work that well, and I'm deathly afraid of needles. To go through that just wouldn't be worth it...There's something to say for quality of life," she said. Liz has been using Tai Chi before she knew she had MS, and she says it helps with the strength, flexibility and endurance.

She also uses vitamins (fish oil, magnesium, calcium and vitamin D) and a modified Swank Diet. However, after today, "I may reconsider the vitamin D," she said.

The Maine Chapter of the National Multiple Sclerosis Society is proud to be a source of information about multiple sclerosis. Our comments are based on professional advice, published experience and expert opinion, but do not represent therapeutic recommendation or prescription. For specific information or advice, consult your personal physician. For more information about multiple sclerosis or MS and CAM, contact the MS Society at 761-5815, 800-639-1330, or log onto www.msmaine.org



Dr. Allen Bowling

Good *news*

BMW Launches Seventh Annual Ultimate Drive Program In Maine

by BMW of North America

Already the talk of the town, BMW's Seventh Annual Ultimate Drive Program for the Susan G. Komen Breast Cancer Foundation is scheduled to drive through Westbrook, Maine on July 11, 2003. The ever popular Ultimate Drive Program will deliver on its promise to make pit stops as it travels cross-country, bringing with it an undeterred commitment to raise money for breast cancer research.

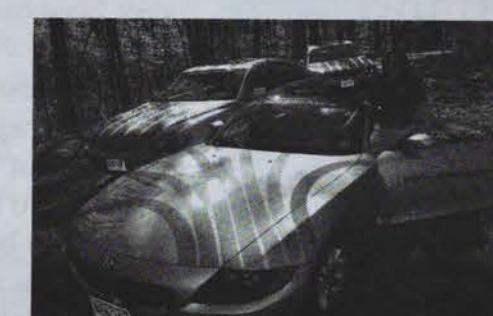


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With 18 high performance BMWs available for test drive, many are expected to turn out to help support the fundraising campaign and to experience the thrill associated with being behind the wheel of a brand new BMW. Knowing that the same cars they drive will be driven and signed by thousands of other determined individuals, including breast cancer survivors from around the country, is the stimulus that brings communities together for this event. With six years of fundraising success behind it, the Ultimate Drive has become a steady source of funding for breast cancer research, education and treatment and continues to increase its participation levels in the cities it visits.

The Ultimate Drive is a test-drive program created by BMW to raise awareness and funds for breast cancer research. For each mile that is test-driven in one of the BMW Ultimate Drive fleet vehicles, a dollar is donated to the Susan G. Komen Breast Cancer Foundation to support breast cancer research, education, screening and treatment programs. The program consists of a Northern and Southern fleet of eighteen 2003 Silver BMWs, each headed by a lead Signature Car—a BMW 745Li that is painted in sil-

ver with six contrasting gray stripes from the front to the back of the car. A seventh stripe—in pink—stands out from the silver patina of the signature car, and symbolizes BMW's seven-year commitment to the Ultimate Drive Program. These vehicles will be signed by thousands of Drive participants. The 745Li sedans will become mobile embodiments of the individuals who are making a difference in the fight against breast cancer.

In addition, every event will honor a local hero to acknowledge that individual's outstanding efforts to raise public awareness of breast cancer and to eradicate the disease. A photograph of each hero will be affixed to one of the two BMW Signature Vehicles.

"BMW has been a powerful, pro-active partner in our fight against breast cancer," said Susan Braun, president and CEO of the Komen Foundation. "In towns all across America, BMW has celebrated our 'Local Heroes' and has helped spread the life-saving message of early detection in a unique and fun-filled way, not to mention raising millions of dollars for breast cancer research and community outreach programs. We know that BMW's cars turn heads wherever they go, so imagine the kind of awareness this fleet of 18 cars receives when it rolls into town."

Over the past six years, BMW of North America has donated more than \$6,000,000 to the Komen Foundation. There is no purchase necessary to test-drive the vehicles in the BMW Ultimate Drive fleet of cars, and all proceeds from the test-drives are donated to the Komen Foundation. All administrative costs of the Ultimate Drive Program are underwritten by BMW separately and apart from the funds raised for this program.

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And there's still nobody out

Thoughts on being a Red Sox fan in Portland

With the All-Star break quickly approaching, the Boston Red Sox are hovering around the top of the Eastern Division, with both Toronto and the damn Yankees right there with us.

I say the glass is half-full and maybe *this* will be the year we avoid the Post-All-Star Downward Spiral. Our offense is stellar and the pitching—well there's nowhere to go but up. My motto is: take pleasure in hating the Yankees and cheer our Boys of Summer on through the thick and thin, blowout wins and blown saves alike. It takes more energy to be cranky about the Sox than to love them unconditionally.

If you're a nerd like me, you watch the games on TV with the volume down and listen to the radio commentary of Jerry and Joe. No offense to the Rem Dog, of course, but my relationship with the Sox began in the backyard of my grandfather's house with a radio. He'd pick up grass clippers with his riding mower and it would be my job to throw them over the stonewall bordering the big backyard. The transistor would be perched on a tree stump and I'd enthusiastically report the status to Papa as he made his laps around the lawn. Those were the days of Dewey Evans, Freddy Lynn, Pudge Fisk and of course Yaz, to name a few. The names and certainly the salaries have changed but the nostalgia of listening to a game and getting to Fenway Park are still thick within my soul. Isn't that kind of what it's all about?

Just as I often spread my enthusiasm for music, I feel compelled to share my Sox fervor and offer up some handy info for my fellow fans here in Portland. Over the last few weeks I visited some establishments in Portland where you can catch a game, and I also went to Fenway on a whim. Here's the lowdown on these adventures:

The Dry Dock on Commercial Street always has the game on, usually on two TV's. I've loved that place for years. While I am not getting into restaurant reviews here I will say their fare has always been good and if you have the patience to find parking down there, it's even better.

Then there's the new place, Rivalries, on Center St. This is a true sports bar, two levels and a zillion TVs. I think it needs a couple of years to get broken in, kind of like a new glove, but I'd go back.

I keep hearing the radio ad for Bruno's at Morrill's corner, so I snagged two friends and stopped in there the other night. The parking lot was packed, so I can only assume they must be doing something right in the restaurant part of the



place, but we were there to check out the Red Sox game. The bar area, which probably could fit about 50 people, was nice and cool and the bar itself an impressive-looking thick cement. We each had a beer and watched about three innings of the game and I noticed about 4-6 other people keeping an eye on it. This place is pleasant, no two ways about it, though not really the "sports bar" environment I was expecting, based on the ad I have heard a million times. I would, however, definitely plunk down at that bar again and I heard it's crazy during football season.

The last stop was at Bleacher's on Forest Avenue. They had about ten TVs inside but what was great was that there was one outside on the deck area as well. They also supplied a righteous pail of free peanuts. Sitting outside, this place won me over with the game and the great beer selection on what was truly our first proper summer evening.

As a Sox fan, I'd say any joint that's not smoky and has a TV on and something cold to drink works just fine. I spent plenty of time on my own couch cheering Nomar and company on, but it's great to get out there and support the places that support the Sox.

The camaraderie of a bar full of like-minded fans, is truly fun, and defenses are lowered when Manny hits another one over the Coke bottles, or Pedro has his groove on, or when Nomar goes five for five like he did the other night.

Now then...onto Fenway Park. It's tough because the tickets at Fenway are the MOST expensive of all the baseball parks and that stinks. Gone are the days of \$6 bleacher seats. Now plan on spending \$20 to sit out there and throw in a slew of fees should you decide to buy it over the phone. (Should you be a fan of box seats—plan on

By Aimsel Ponti

taking out a small personal loan.) However, if you can scrape together the cash, it's worth the trip.

About two weeks ago four of us went on a whim to Fenway without tickets. I knew we'd be able to buy them on the street. I also knew that those scalpers were not going to take advantage of us. From the moment we got off the subway at Kenmore the ticket vultures were there, vying for our attention and competing with one another. I told my friends, "leave this to me," and armed with my seating chart of the ballpark, haggled with about a half dozen dealers until finally someone agreed to let go four outfield seats for \$25 a pop (which is pretty much face-value if you add in the fees.)

Here's my advice to those who choose to try their luck with buying tickets on the street: print out a seating chart off the Red Sox website and have that with you. Never let them rush you into making a decision. Ask to see for yourself the actual tickets so you know exactly what you are buying. Also, *never* pay what they are asking for *always* shoot lower. We all know money talks. Don't let them intimidate you or bully you and remember: *you* are in charge of the negotiation—not them.

We were deep in centerfield—the land of Johnny Damon and had a blast through thirteen nail-biting and score-changing innings before the Sox finally succumbed to the St. Louis Cardinals. Having parked at Sullivan Square (off 93) and only paying three bucks was sweet, though the return trip to the car was slightly hellacious with the thousands of people clamoring to get on the T. We arrived back in Portland somewhere around 2:30 a.m., after playing a few rounds of "Six Degrees of Kevin Bacon" to keep our driver awake.

I am a Red Sox fan to the end and the only thing that will change my mind is if Major League Baseball dares to ever strike again. This year has already been traumatic with the trading of Shea Hillenbrand and the on-going quest for relievers and closers (and for that matter solid starters.) Whether it's in the car, on the couch, at the bar or at Fenway Park itself my closing words are take me out to the ballgame!

Aimsel Ponti loves the Boston Red Sox and some times even worries if the emotional odyssey of actually winning a World Series might just be too much to handle.

E-mail her at aimselponti@yahoo.com

greener side A Sucker Sprouts Every Minute

by David Neufeld

Many shrubs, some trees, and all tomatoes make suckers. Choosing to leave them or nip them can make a big difference in the health and beauty of the plant.

We may be most familiar with tomato plant suckers. They emerge between the main stem and a leaf joint. They grow quickly and make flowers. This may convince you to leave them with the hopes of getting a bumper crop. But soon all you have is suckers and flowers and suckers and flowers and then lots of green tomatoes.

By pinching off the suckers and letting fruit grow only off of the main stem you can get earlier, bigger, and ultimately more fruit. Staking the plants will help hold this neater version of plant and also get the fruit off the ground where molds and mice might prey on them.

Squash and pumpkins also produce suckers. I recommend picking a date, let's say August 20th or September 1st. On that date, start to pinch the tips off the vines. This pushes the plant's effort into the fruits and ripens them sooner.

In the ornamental garden, roses, lilacs, crab apples, forsythias, and some other nursery trees and shrubs will make suckers. The tendency of *Rosa rugosa* to sucker makes it a good hedge rose. *Syringa vulgaris* or common lilac suckers profusely. For civilized plants keep the suckers cut back to within a foot of the original plant. Otherwise let it go for a hedge or thicket of lilacs. Flowering performance



PHOTO ART TODAY

will decline if the shrubs are allowed to sucker too much. Remember that a sucker is taking the plant's energy while taking years to flower on its own.

Crab apples sucker most often from below the graft point, so do regular apple trees. These suckers will be the variety of rootstock that the tree was grafted onto. The roots stocks are chosen for

their vigor and if left uncontrolled may even rob the grafted variety of its life. Pruning these can be done anytime.

When you see a shrub suckering you can decide to take one or more of these three measures:

Prune the suckers to the ground.

Leave the suckers to form a desired hedge.

Cut the suckers away from the plant early in the spring and plant them elsewhere to form new plants. (Except with crabapple suckers).

The tendency of a plant to sucker is a survival tool. Lop a tree off near the ground and it will send up suckers that will eventually form a clump-like tree. The roots want to live.

Tomatoes don't know that the season ends early in Maine. They are programmed to produce hundreds of thousands of seeds for next year's seedlings. I once saw a tomato plant in Arizona that was over a year old. It was fifteen feet tall, ten feet wide, and had a trunk the size of my wrist. Having escaped the one or two frosts that whispered through town, it was in tomato heaven. It had been pruned, but to gigantic standards. Tomatoes still ripened in February.

If you do not exert your standards on some plants, they will assert their own. What will you do when the next sucker sprouts?

David Neufeld rides herd on suckers at North Star Gardens in South Waterford, Maine.

local voices This Recipe For Success Starts With Chocolate

by Paula Keeney

Linda Lambrides has the perfect recipe for success—a product that seemingly everyone loves, an award-winning reputation for quality and years of retailing savvy.

It's a recipe that Lambrides is counting on to make Grammy Lammy Handmade Candies, her new line of melt-in-your-mouth, made-in-Maine confections, a giant among chocolate lovers.

She's already winning accolades. A Grammy Lammy entry was named "Best Chocolate Candy" at this year's Chocolate Lover's Fling, Portland's annual celebration of all that's chocolate. Of course, some were surprised. Who was this new company?

But, Lambrides is no newcomer to the candy business. Her Maine Mall shop, Sweets, has been selling handmade chocolates and assorted confections for more than 15 years. A second shop, in Old Orchard Beach, was operated for several summers. Now, she says, it's time to put her imprint (literally and figuratively) on her own line of fine chocolates.

From a small production facility in Scarborough, the new Grammy Lammy line—some of which have been mainstays at her Maine Mall shop for years—are being shipped to wholesale buyers in

Maine and beyond.

While she enjoyed the experience she gained at Sweets, Lambrides says she looks forward to the more creative aspect of the candy business, developing and marketing new products as well as making them.

After all, this is a woman who admits that her affinity for chocolate goes beyond taste. For Lambrides, it's other people's reactions to her products that she finds the most alluring.

"I love seeing the pleasure on people's faces," says the Cumberland resident. "Young and old alike, people's faces light up just looking at chocolate."

Candy making is something that Lambrides learned on-the-job. When she and husband George bought Sweets in 1988, she inherited some "light manufacturing." That meant, she recalls, cooking up batches of candy in the back room, first under the tutelage of the previous owner. As time went by, she discovered she had a real knack for it.

That knack can be seen in the entire Grammy Lammy line.

Grammy Lammy products (34 of them at latest count) are different from many others—in quality of ingredients ("We shop long and hard for everything that

goes into our candies") and the fact that everything is handmade in small batches ("There are no big machines piping filling into our peanut butter cups").

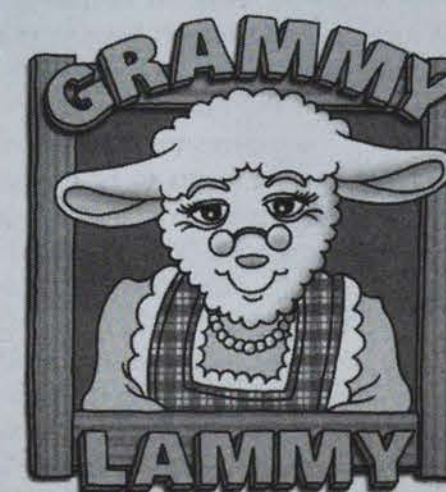
For the real chocolate lover, there's also the size of Grammy's specialties—enough to satisfy the biggest sweet tooth. Turtles (chocolate, caramel and either pecan, cashew or macadamia nut) weigh in at six ounces each. A peanut butter cup is four ounces, filled with two ounces of peanut butter fudge. There are other four-ounce favorites—coconut cups (toasted coconut and milk chocolate) and rocky road cups (marshmallow, nuts and milk chocolate). Add 20 varieties of fudge—one for every taste.

There are characters like the best-selling Dewey the chocolate moose, who has already been adopted by a Minnesota company that found Grammy Lammy through its new website. ("Evidently a Maine moose looks pretty much like a Minnesota one," smiles Lambrides.) A solid chocolate hand-decorated lighthouse is also a signature piece for the company.

From the beginning, candy has been a family affair for Lambrides. For years, she and accountant husband George ran Sweets side by side; all six of their now-

grown children worked in the business after school and during the summers.

Family remains important in her new venture. George is still an integral part of the business; daughter Lindsey is also involved. There's even a third generation connection. Two-year-old grandson Benjamin actually named the company. "To differentiate Benjamin's two grandmothers, I became Grammy Lammy," she says. The name stuck. To learn more about the entire line of Grammy Lammy Handmade Candies, contact Lambrides at 207-883-0496 or 1-888-756-8414.



Education

Would you like to see your child's school profiled? Want to get the word out about what your school has to offer? CBW welcomes submissions and suggestions from Maine learning institutions at all levels. Just send your stuff to: CBW, 11 Forest Ave, Portland ME 04104, or e-mail: cbwdir@maine.rr.com.

SMTC Transitions To Southern Maine Community College Expanding Higher Education Options

by Louise Roy

Southern Maine Technical College made it official on Tuesday, July 1—when it formally changed its name to Southern Maine Community College. At 10am Governor John Baldacci joined college and system officials to help kick off the day's festivities as they unveiled the new Southern Maine Community College sign.

"We welcome the community to come see what's new as we celebrate the beginning of a new era for SMCC," says Jim Ortiz, who became president of the college 18 months ago. "This is an exciting time for our college, our community, and for Maine—as we open the door to higher education for more Maine people."

As a community college, SMCC will retain its bedrock curriculum of technical and certificate programs, which range from computer technology and health care to construction and business. Thanks to agreements with area universities, graduates are now able to transfer seamlessly to complete a baccalaureate degree. With the broader mission of both career and trans-



fer preparation, and more accessible admissions, SMCC hopes to attract a broader diversity of students—some preparing for careers, some for four-year college, and others still exploring their options. Students will also find more depth and breadth in courses in the arts and sciences—allowing for greater flexibility depending on their ambition.

In 1999 the college added the associate in arts degree in liberal studies, a core offering of community colleges. "We are seeing dramatic increases in enrollment now that we offer this degree, which gives students a place to start while they refine their goals," Ortiz says. The college now has more than 2,800 students, a 21% increase in overall enrollment in just three

years. Last year, the liberal studies program enrolled over 400 students.

"We want every high school graduate in Maine to understand that college is an option," Ortiz says. "Affordable tuition, expanded admissions and academic advising services, flexible schedules for full- and part-time students and a student to faculty ratio of 14 to 1 all provide the support necessary for student success."

Since its inception the college has continually evolved to meet the educational and workforce needs of Maine's economy. SMCC opened as Maine Vocational Technical Institute in Augusta in 1946 as a day school for returning World War II veterans. It moved in 1952 to its present location, a scenic 80-acre campus overlooking Casco Bay, Spring Point Lighthouse and Fort Gorges.

In the decades that followed, the institute evolved from a vocational technical institute offering instruction in the fields of metal work, combustion engines, industrial electricity and radio, into a technical

college offering associate of applied science degree programs to train the workforce of Maine. The first associate degree students graduated in 1970.

In the 1960's and 1970's, the institute added a number of new majors. Health Science programs, including nursing, brought a significant number of women to the formerly all-male campus and broadened it beyond the hard trades. Reflecting its expanded mission, the school was renamed Southern Maine Technical College in 1989.

In the 1990's, the curriculum expanded to include programs such as business administration, computer technology, early childhood education and technical graphics and design. With the introduction of the liberal studies degree in 1999, the college turned the final corner, offering all of the credentials of comprehensive community colleges. The cutting of the ribbon on July 1 marks the final step in SMCC transitioning to a community college.

Portland Art Galleries and Antique Shops

Folks in every income strata in Portland and Southern Maine have always had a great interest in good art and fine antiques (even before antiques were made "cool" by television shows.) Whether from internationally celebrated artists or yet to be "discovered" local artists, whether traditional or avant-garde, Portland's many diverse Art Galleries offer it all. In this issue leading up to the two huge antique shows in the Portland area on the 17th, we will explore and celebrate Maine's rich market for both artistic and antique objects.

The Stein Gallery in the Old Port.
PHOTO MICHAEL ERIC BÉRUBÉ



Books

Objects of Desire & Girl in Hyacinth Blue

by Thatcher Freund & Susan Vreeland
by Perri Black

Maine is a wonderful place to go "stuffing"; that is, looking for stuff in all sorts of places.

My friend, Greg, and I are inveterate "stuffers" going way back. In our forays through antique shops, estate sales and auctions we avidly pursue or favorite things: he looks for furniture, I seek pictures and we both have an eye for candlesticks.

The thrill of the hunt perhaps provides even more pleasure than actual possession, which seems to be true of most collectors, overwhelmingly so for the people in the book *Objects of Desire: The Lives of Antiques and Those Who Pursue Them*, by Thatcher Freund.

Three pieces of 18th century American furniture are the heroes of the book, which traces their histories from their creation to the elite auction blocks of 20th century New York City. Two of the

pieces, a sofa and a card table, had aristocratic beginnings and their fates remain so, but the third piece, a humble painted blanket chest made for a farmer, reaches extremes of value unthinkable by its maker in the 1700's as a result of the manic machinations of dealers in the antique world over the years.

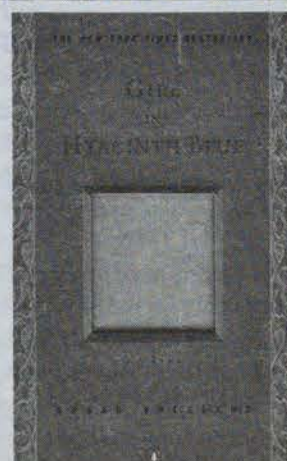
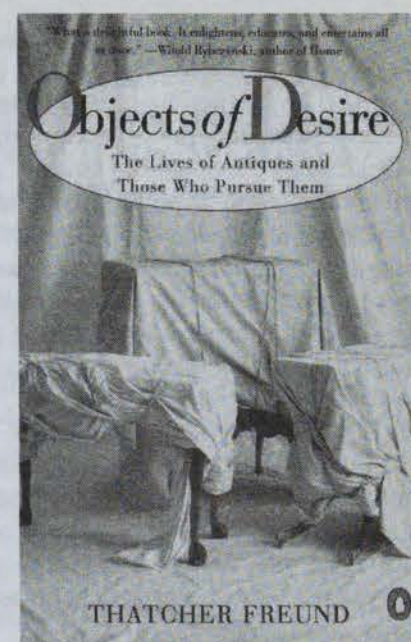
Obsessions are intense and passions run high as the stories of the furniture unfold in their journeys through the exclusive and often bitchy world of high-end antiques.

Even if one never goes beyond yard sales and thrift shops, any true "stuffer" will identify with the excitement generated by the pursuit and "capture" of that object of desire.

Girl in Hyacinth Blue by Susan Vreeland, a lovely little volume about a fictional Vermeer painting of the same name, is one of my favorite books con-

cerning art. It opens in contemporary times, and then traces the life of the painting through its owners back over the years, ending in Holland at the time it was painted. Alternately funny, tragic and melancholy, the story of the painting and the lives of the people associated with it is, ultimately, an exploration of the importance, endurance and meaning of art as well as the consequences for those enamored of it.

Anyone who loves paintings and antiques and has wondered about who created them and why, how they have lasted so long and what has happened to them along the way will find both books enjoyable and thought provoking. And maybe some of us incorrigible collectors can justify the motto: you can never have too much "stuff" because you can always get rid of it!



ARTIFACTS

Paintings of Maine show

Opens July 11



A seascape by painter Parker Gamage.

Beginning Friday, July 11, 2003 Artifacts, 602 Congress St., Portland, Maine will be mounting an exhibit titled, "Paintings of Maine." About 30 paintings are for sale from the mid 19th to the mid 20th century of seascapes, landscapes, watercolors, and etchings by such artists as Parker Gamage, AC Bradley, CJ Taylor, Charles Woodbury and JT Wood. This exhibit continues our recent tradition of gathering series of work by either a single artist or related artists from the past then mounting an exhibit of the collection.

With this exhibit Artifacts begins its 13th year on Congress Square. Opening in July 1990, we began as a gallery selling furnishings, artwork, pottery, and glass from European and American mid 20th century designers. Since the beginning, we have also provided the region with the most unique picture framing services. We hand-carve, and gild our own moulding for our customers. Using our knowledge and resources to handcraft frames with sensitivity to both history and personal taste, we have provided a vital service to regional and national artists and collectors.

Currently Artifacts' focus is on Fine Art from the mid 20th century and earlier, but our regular customers aren't surprised when they find a fabulous lamp from the 1950s or some Italian pottery for sale in the gallery.

THE SALT GALLERY

Forgotten People Photography exhibit

July 3 thru Sept 20



The Salt Gallery is happy to announce its newest show, *Forgotten People*, by Thatcher Hullerman Cook. *Forgotten People* is an exhibit of color photography documenting vulnerable citizens throughout the world. The subjects of the photographs are people not usually in the headlines: prisoners, gypsies and those displaced by drought, other natural disasters or war. The exhibit will include images from Bulgaria, Southeast Asia, Tajikistan, the Caucasus, Africa and Afghanistan.

Cook is a Maine-based photographer who works with non-governmental organizations to document the lives of people benefiting from humanitarian aid programs and human rights watch groups.

Salt Institute for Documentary Studies, known for its stories of Maine, welcomes the opportunity to host documentary work from around the world.

Forgotten People opened at the Salt Gallery July 3 and the exhibit will run through September 20, 2003 and is free and open to the public. The gallery is located at 110 Exchange Street in the Old Port and is open Tuesday through Saturday, 11:30 to 4:30pm.

The Salt Institute for Documentary Studies offers semester programs for undergraduate and graduate students in nonfiction writing, documentary photography, and radio. Situated between Portland's Art District and the Old Port at 110 Exchange Street, the Institute also has an extensive archive of photographic prints, negatives, and tape recorded interviews and publishes "Salt" magazine, containing students profiles of Maine people, culture and landscape.

HAY GALLERY

Nance Parker: Repose and Renew

July 1-27, Gallery 1,
Artist reception: Thurs, July 10, 5-8pm

"Women at round tables, drinking wine, having tea in repose, a moment alone or with friends. My paintings let you observe a frozen moment in a woman's life, a moment that is entirely her own."

—Nance Parker



The Hay Gallery is pleased to present *Repose and Renew*, Nance Parker's first solo exhibition at the Hay Gallery. *Repose and Renew* will feature new paintings on canvas that celebrate female independence and personal reflection. Through a vibrant spectrum of color and form, Parker presents intimate views of solitary moments in a woman's life. Parker's work is effectively a feminist revision of the history of genre painting, because in Parker's world, the female figure is not a decoration, it is individual filled with unique passions and self-determination. Parker's women are not waiting to be discovered; they are discovering themselves.



Nance Parker is well known for her roles as artist, puppeteer, mask maker, muralist, and theater director and has been an active participant in the cultural life of Portland for close to two decades. Parker has exhibited her artwork across the nation including a recent exhibition at the Farnsworth Gallery in Rockland, Maine, and was chosen to represent the Maine Women's Foundation as their 2002 poster artist. Parker is a graduate of the University of Southern Maine and the artistic director of Shoestring Theater.

Gallery hours:
Tues-Sun 11am-5pm. Open until 8 on first Fridays!

Nancy Davidson returns to Portland art scene

by Doug Emerson

Portland's initial loss of Nancy Davidson from the local art scene, where she has been a seminal force since the 60's (Temple Beth El Art Show, Barridoff Gallery, Art For Offices, Cry of the Loon/Lake's Gallery, most recently Davidson and Daughters and with a very brief association with the Eastland Gallery) now sees her triumphant return to us with a stunning show she's curating at the June Fitzpatrick MECA Gallery, in downtown Portland.

Bringing six of the most talented and collected artists' work up from Jupiter, Florida, where she has quickly established herself at the prestigious Studio E. Gallery, she now brings another of her visions back home—establishing a venue for her Maine artists into the well-heeled Florida gallery scene. Also, she now is exposing the new stable of artists to her faithful Maine clientele, which continue to have and share her quixotic and sophisticated artistic sensibilities.

The new exhibition focuses on three sculptures, David Langley, celebrated Floridian artist and two Israeli sculptors—Ruth Bloch and Tolla Inbar—both known from the International Art World.

The three painters showing us very different approaches: Melissa Herrington of Atlanta, Georgia paints on wood boxes with acrylic and graphite. Christine Peloquin creates cloth collages resembling quilts and sometimes drawing facial images with charcoal, and Paul Tamanian, originally a well-known ceramicist now paints on fabricated aluminum with layers of automobile paint. The artwork is an exciting blend of color and design. The six artists exude unique talent and ability and come together as a compatible group of art that works well together: colorful, thought provoking and fresh to the Portland viewer.



Above: Nancy Davidson with cloth collages by Christine Peloquin.

Right: Rush Brown and Nancy Davidson at the June Fitzpatrick Gallery.

PHOTOS DOUG EMERSON



FRONT ROOM GALLERY

Features show by two young women

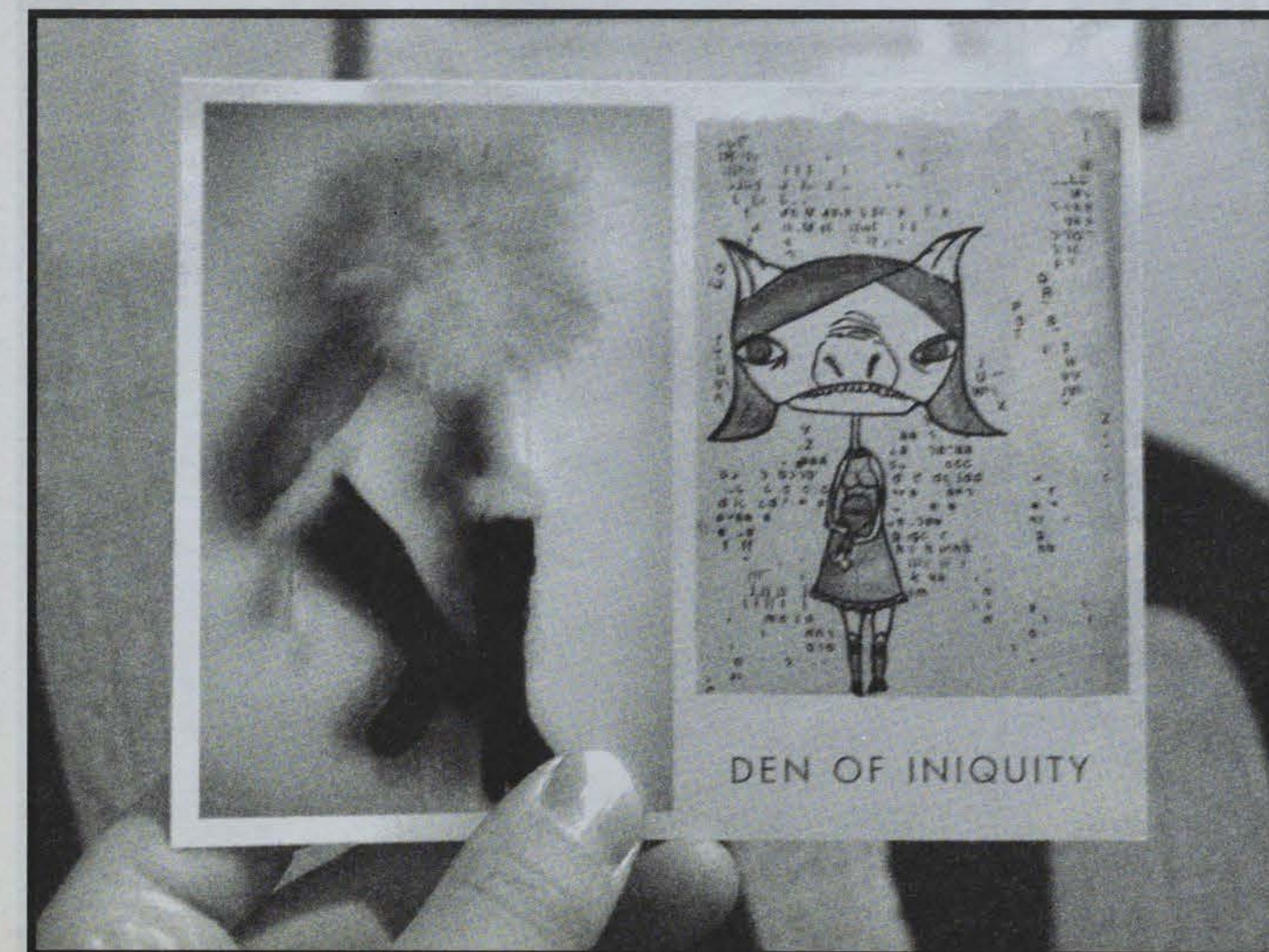
Opens July 10

Dozens of female legs and arms—clad in faux fur and feather boas—protruding from walls at impossible angles mingle with scores of bizarre 5x7 portraits of human-animal mutants—drawn on pages from old books and magazines. Welcome to the "Den of Iniquity" a show of new work at the Front Room Gallery in South Portland.

Shana Barry, a local painter, musician and seamstress, fashions her soft-sculpture from synthetic fabrics with the look and feel of real skin. Emotions, veiled and unveiled, are evoked via the interactions of body parts forming a series of seductive and alluring visual messages.

Portland illustrator Katie Wallace uses watercolor pencils and collage to create 70 vivid and expressive monsters. These creatures, simultaneously seductive and grotesque, are added with deformities and reveal expressions of emotion and humor.

The show opens Thursday, July 10 with an artists' reception from 5 until 8pm. The Front Room Gallery is located near Willard Square in South Portland at 378 Cottage Road. For more information, call the gallery at 767-9070.



Images of Patricio Wabi-Sabi style

by Abbie Ostrem

Wabi-Sabi means creating something new out of something old. It also defines Duane Patricio's art. Duane is a woodworker who has been living among us in Portland for the last ten years. Patricio's mirrors, framework and furniture are for sale in stores and shops from New York to Japan. He also has his work displayed in places like the Kismet Gallery in Manhattan.

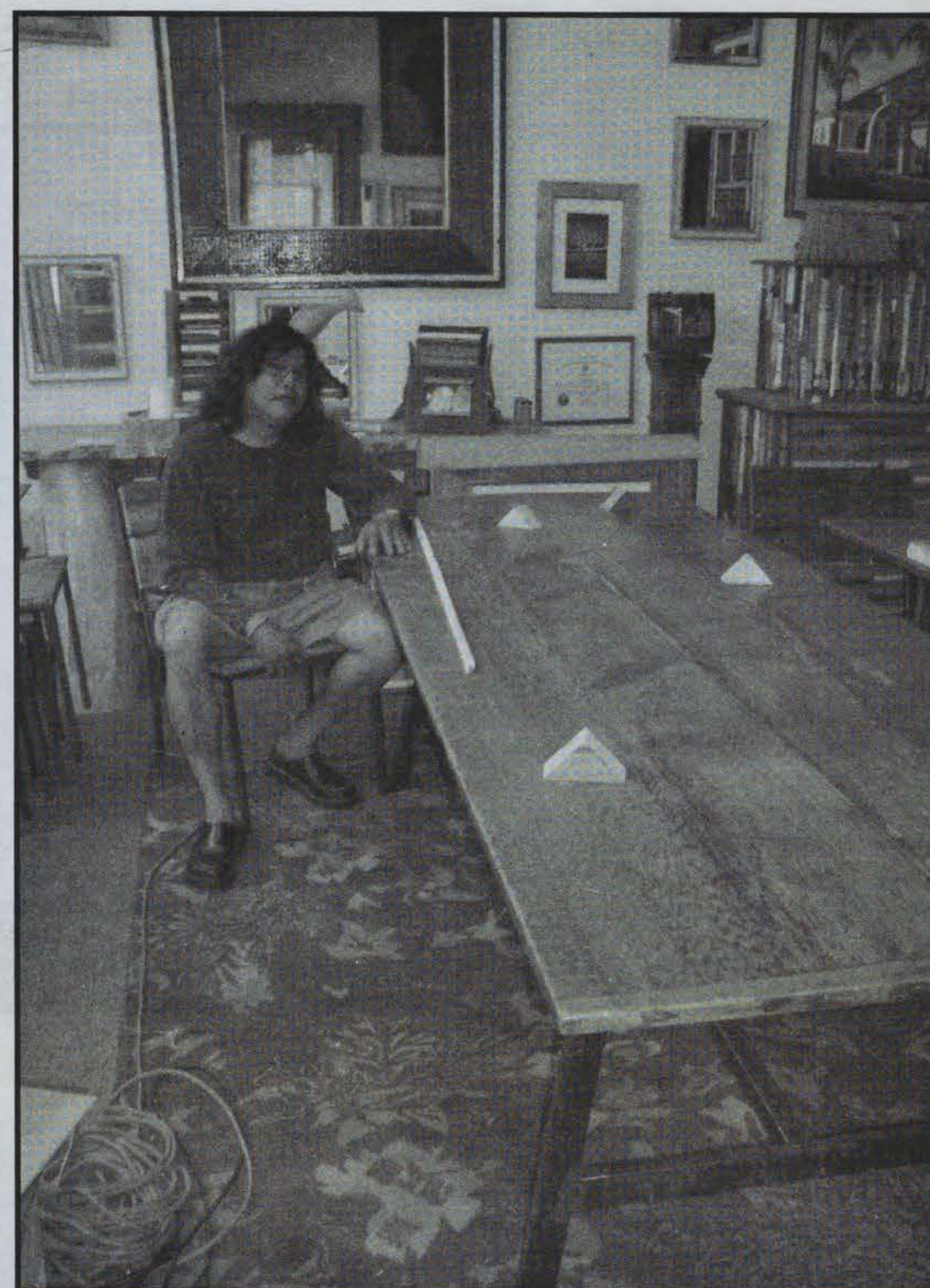
Unifying his eye for art and salvaged wood is what Duane knows best. Walking by his shop on Forest Avenue in Portland, you can't help but look in. Maybe it's because the doors are always open, or maybe it's the smell of fresh sawdust floating around. Beautiful finished mirrors and framework are lined up outside like artwork on a street in Paris.

You can catch Duane working on his latest piece, in front of his shop on warm sunny days, with his table saw ready and wood shavings carpeting the sidewalk. Piles of "Wabi-Sabi" wood are pouring out from the doorway. Looking up, you first catch his refreshing smile and the casual talk with neighbors lures you in. You find yourself comfortably welcomed into the conversation he is having with a store neighbor or a new client.

All along the walls inside are heaps of wood that are weather-beaten from old barns and homesteads of Maine. The majority of this wood still has layers of different colored patina of an earthy dull texture. I ask him how he came to create his framework and furniture. "My whole life I've been making things out of whatever materials available. I didn't go to art school or any of that. I was the kind of kid who created things out of shapes." Duane was first introduced to this type of old wood through a friend and fellow artist, Patrick Plourde. They were both resident artists located in the Calderwood Building, formerly the Maine College of Art facility in Portland.

You feel that the many layers of color—that has been painted and scorched off by the extreme weather in the northeast—have been patiently waiting for Duane. His thoughtful ability to merge the salvaged wood together combined with layers of sealer and a finished coat of Butcher's wax boasts a piece of art that would fit in a log cabin one day and a New York penthouse the next.

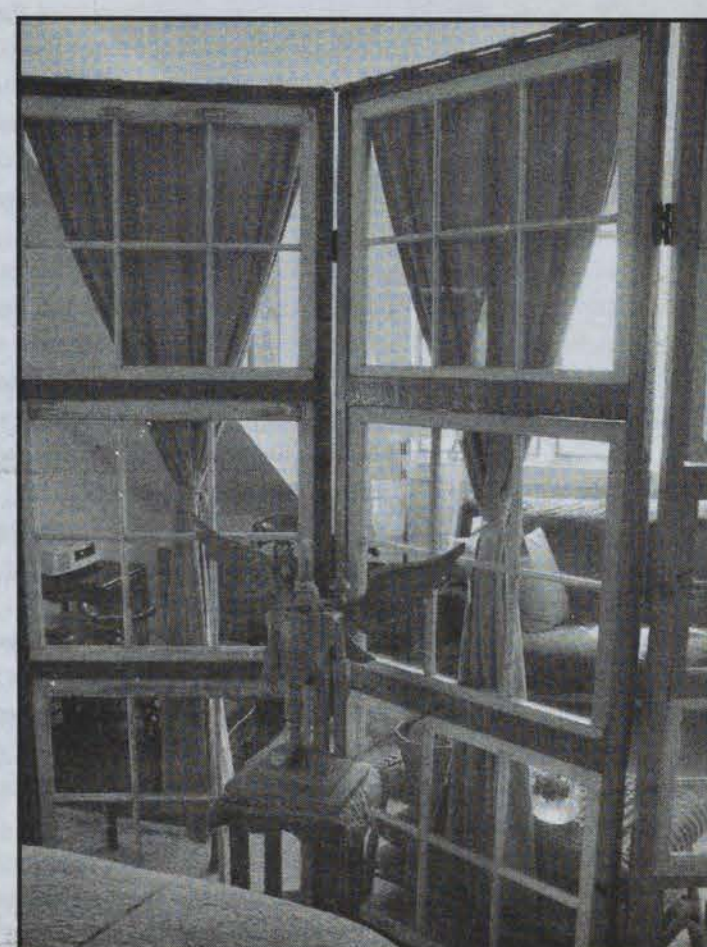
Artists love his work. Many creative residents here and abroad have come to him for their homes. Tammy Kennedy and Jay Piscapo, artists in their own right, invited me over to see Duane's work in action. While riding shotgun, Duane drives through town absentmindedly pointing out places where his artwork resides. There are many. Portland seems to have embraced Patricio to hold close to it's heart the old wood from it's own homesteads.



Duane Patricio (above) and one of his Wabi-Sabi table creations.

Tammy Kennedy and Jay Piscapo's folding screen (right) and headboard (left) by Duane.

PHOTOS ABBIE OSTREM



With barks and greetings from Flash, Tammy and Jay's dog, we enter their home, introduce each other and find ourselves upstairs in the alcove of their bedroom. The room is small and the walls are white. The bed created by Duane is beautiful. A light green, leaf patina shows itself off throughout the headboard. There is a large glass and wood window-folding screen that separates the bed from a sitting room. The screen you instantly recognize as another Patricio design. It embraces the morning light through it's glass, the sunlight hitting the headboard to show off more intimately the beauty of this mans work. Along with listening behind me the rapport he carries with his clients, compliments his way as an artist and a friend. They thoroughly enjoy him.

While driving back to his studio, our conversation goes to what he's going to do in the next few days. He said that his schedule was filled with delivering pieces of his work to Manhattan, New Jersey, Massachusetts and Rhode Island, and of course stops to see some friends along the way. I mention to him the talent in this town and the friendship he has with a lot of them. "It's nice to be associated with all these folks that are so talented," he said. "Michael Ranzazzo works on all my metal work. He is a very schooled artist. When it's all said and done he'll be remembered."

We get back to his studio and say our good-byes. I tell him to be careful driving on his trip. He smiles with an embracing grin and says he will.

Walking away, I look back to wave one more time and instead see Duane's image through his framed mirrors on the wall outside his shop. The image seemed to speak two words to me: Wabi-Sabi. I saw a new friend and an old soul.

Patricio Woodworks can be located at 25 Forest Avenue in Portland.



Walking away, I look back to wave one more time and instead see Duane's image through his framed mirrors on the wall outside his shop. The image seemed to speak two words to me:

Wabi-Sabi.

I saw a new friend and an old soul.

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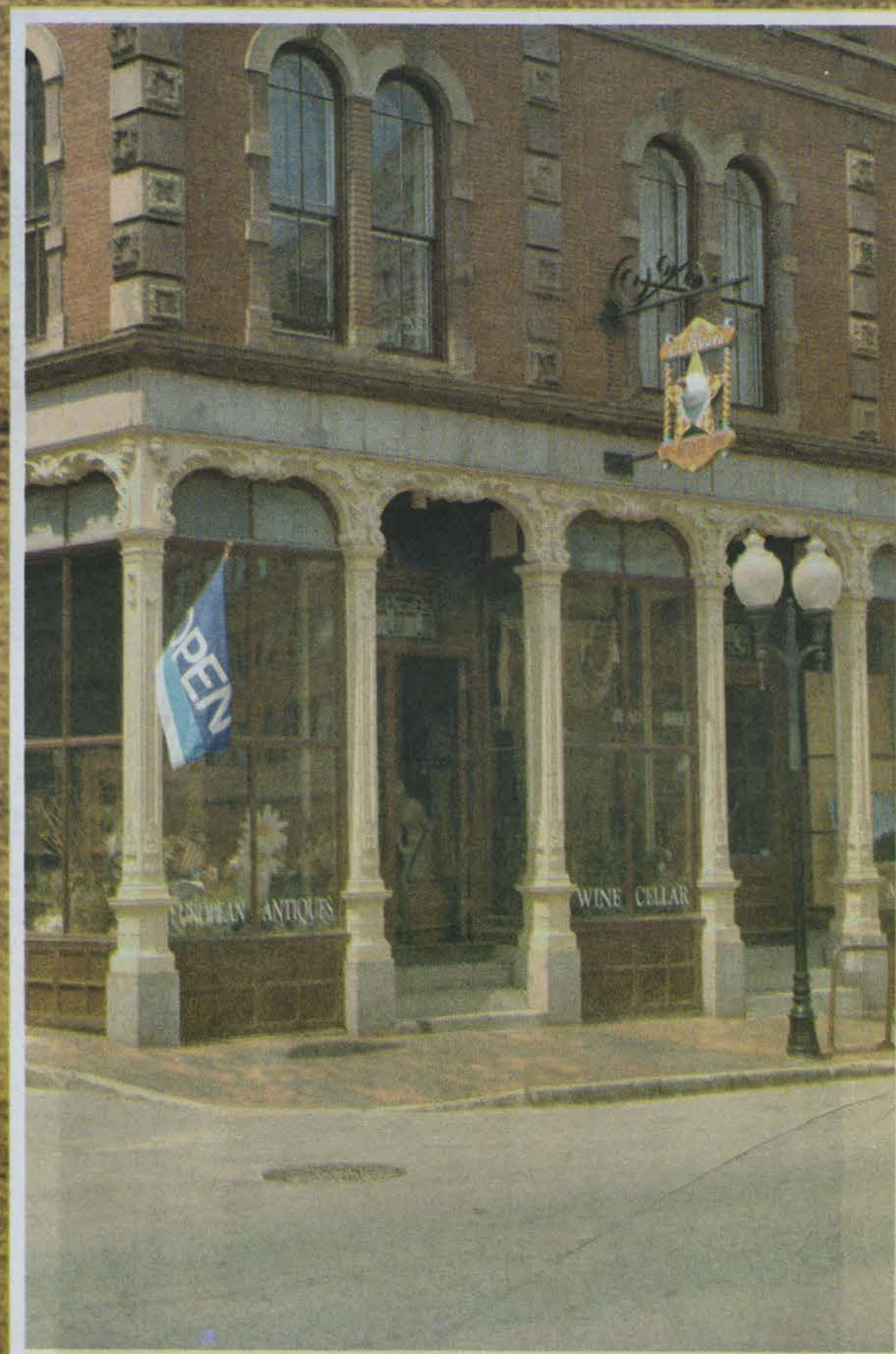
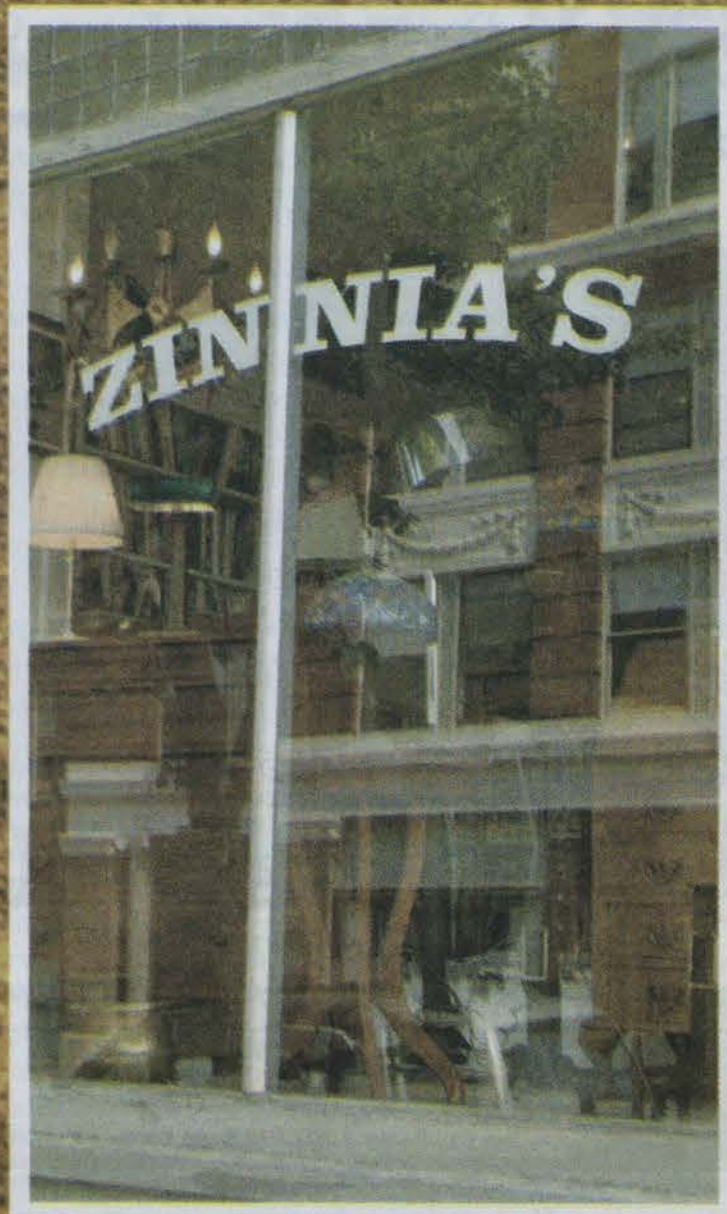
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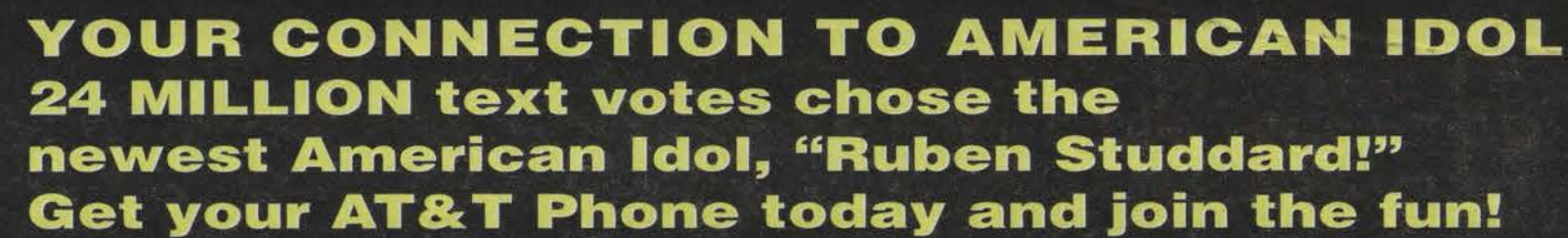
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North Dakota Traded For Maple Leafs And Molson Lite

by Wil Wolt

There has been some activity on the diplomatic front in Washington to trade the state of North Dakota to Canada for the Toronto Maple Leafs and 50 kegs of Molson Lite.

Insiders comment that the deal has a high probability of going through.

"More likely than not," says one beltway politician who wished to remain anonymous. The senate has declined to vote on the measure.

According to sources, an executive order from the president will "seal the deal." The government first put forth the idea during the last administration, but former President Clinton was convinced North Dakota was a suburb of San Francisco.

In an official memo, Mr. Clinton said "Heck no, I'm keeping my California intern source on line...them girls are puuuuuurty!"

According to one of North Dakota's three congressmen, Bush is irked that North Dakota petitions for disaster relief every winter for blizzards and every summer for flooding. "Let alone all the scares about the West Nile Virus and the mosquito infestation," says the anonymous lawmaker.

"Besides, there isn't much future here. I mean, there are only three congressmen now and there isn't really any justification for having more than two. We are practically as bad off as Montana."

Bush policy makers have determined that anything requiring year-round federal cleanup funding and monies for outbreak dangers is a drain on national resources and should be swapped away to an unsuspecting sucker as soon as possible.

Along this same argument, the White House is proposing for August that rock star Courtney Love be swapped to Greece for 4,000 pounds of goat cheese.

No one is certain why Canada wants North Dakota. Some have speculated that Prime Minister Jean Chrétien wishes to create a "province-sized landfill" for such burgeoning metropolises as Edmonton, Yellow Knife and Salmon Arm.

One source from the PM's office is quoted as saying "there are an awful lot of used and wrecked snowmobiles from the Great Slave Lake region. We could probably fill Bismarck quite quickly."

Other observers have commented that the PM has long desired to establish a warm-weather port for Canada.

The Missouri River is coveted by America's neighbors to the north as a potential riverboat gateway to the Gulf of Mexico and an avenue for trading their furs with the Bonn, Germany. If this is the case, tensions are expected to be high between the migrant trappers canoeing and pole rafting down the Missouri and US Customs officers in St. Louis.

Agent David Burress, based in St. Louis, has had some interaction in the past with the trappers on the US-Canada border. "These guys have no concept of the rule of law. They are always firing off their black-powder rifles, usually at anything that moves. They smell. They are carriers of disease, and they speak some sort of butchered French dialect that no one in Paris would ever understand."

He expressed concern that the Canadians may prove to be hazardous on the lower Missouri and Mississippi waterways. "They are likely to take a pot-shot at some grain barge with their Hawken rifles and end up getting swamped. It wouldn't be the first time that a Canadian mistook a modern freight vessel for a mythical 'Water Beast.'"

One other possibility does exist. As recently as June 4, 2003, the Prime Minister commented publicly that Canada should consider creating a theme park in an exotic location.

"Of course, to acquire an exotic location would mean annexing by force some unsuspecting sucker nation, but I have high hopes that with Canadian determination and Canadian luck, we can find some reasonably exotic, warm-weather location where our citizens may visit and our movie stars may live year-round.

All three of Canada's movie stars have expressed an interest in the condo-life found in Minot, North Dakota. Says actor Peter Keleghan, "It's red hot down there, and I hear the winter only lasts six months. Can you imagine that?"

He adds, "But 50 kegs of Molson is a stiff price, eh? I mean, beer is still beer, you know."

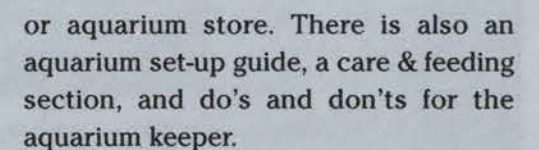
Officials say that the deal could be completed by July 12, 2003.

by Kim Spiller

Today, more than 1 in 10 U.S. households have a freshwater aquarium. And with the release of the new Disney Pixar animated movie, *Finding Nemo* (featuring two clown fish separated from each other in the ocean), it could be even more.

"We've all seen the impact movies have on our lives. For instance, remember the popularity of Dalmatian puppies after the release of 101 Dalmatians," Carol Huntley-Weber, Trade Marketing Manager for Tetra (the world's most popular brand of aquarium food), said. "We know children love pets of all kinds, and the release of Finding Nemo will heighten their interest in having a fish for a pet. So we have provided a number of tools to make it easy for families to start an aquarium."

Tetra's website, www.tetra-fish.com, is a complete resource for families interested in getting started in the hobby. On Tetra's Virtual Aquarium, free on the website, families can build a custom aquarium, down to the type of fish they want. If you want to build that aquarium, you can even print a list of what you'll need, and then take that list to a local pet



"Fish owners already enjoying the aquarium hobby tell us there are many reasons for getting involved," Huntley-Weber noted. "The fish are fun to watch, they offer their owners relaxation, and the quiet nature and appearance of fish make the hobby even more appealing. Plus, the educational value for children should not be forgotten. Aquariums teach children not only about the responsibility of caring for a pet, but about the science and nature of aquatic life."

- *In nature, about 40% of all fish live in fresh water.
- *More than half of the tropical fish sold in North America are bred in Florida.
- *There are more fish on Earth than birds or mammals.
- *Well-cared-for goldfish can live as long as 70 years.
- *Aquariums are found in more than 12 million American homes.
- *High schoolers who keep fish or other pets have an average GPA of 3.5; non-pet-owners have an average GPA of 3.2.
- *Students who keep fish score 200 points higher on their SATs than non-pet-owners.
- *Goldfish lose their color if kept in dim light.
- *Fish sleep with their eyes open.
- *Fish can get seasick if something interferes with the natural flow of water around them.
- *Some catfish swim upside down.
- *Studies have shown that aquariums calm children with attention deficit/hyperactivity disorder.
- *Clownfish can live up to 10 years.
- *Chemicals such as chlorine or chloramines make tap water safe for humans, but toxic to fish.

Sources:
Tetra, APPMA (American Pet Products Manufacturers Association)

calendar 7.10 to 7.16.03

Submissions to the calendar must be received in writing by the Thursday two weeks prior to publication. Send your listings to: Calendar, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, or e-mail: listings@maine.rr.com.

Thursday, July 10



"Our Summer's Best: an introspective" at Little Sebago Gallery & Frame

Enjoy some fresh new art by local artists. This exhibit will contain new work along with a brief explanation by each artist giving some insight into the creation of each piece. The opening reception is from 6-8pm, and the exhibit can be viewed through August 9, Little Sebago Gallery & Frame, Windham. Gallery hours: Monday-Friday 9:30am-5:30pm. 892-8086 or info@littlesebagogallery.com.

The Casco Bay Art League comprised of about 25 artists in the Midcoast area will be having a show with paintings in oil, watercolor, pastel and printmaking, through Sunday, July 13, 11am-6pm, Harpswell Center. The opening reception will be held on July 10 from 4-5pm.

Carnegie Gallery will have a group exhibit titled "I.D.: Four Artists from Vinalhaven" which will run through August 21, Monday-Friday, 9am-4pm, The University of Maine, 5712 Carnegie hall, Orono. 581-3245.

June Fitzpatrick Gallery exhibiting drawings and small sculptures by award winning sculptor Celeste Roberge, through July 26. Celeste is a Biddeford native whose work is in the collections of museums and institutions throughout the United States. Gallery hours: Tues-Sat noon-5pm. The gallery is located at 112 High St., Portland. 772-1961.

Friday, July 11

"Outside the Box" an exhibit by Jennifer Hubbell will be on display through August 2, Thomas Spencer Gallery, 360 Main St., Yarmouth. Hours: Tuesday-Friday, 10am-5pm. Saturday, 10am-4pm or by appointment. Artist's reception will be held Friday, July 11 from 5-8pm. 846-3643.

The Whole Writer: a writing retreat with Joan Lee Hunter. Learn basic tools for bringing your whole self into the writing experience and discover being in a right relationship with your material, continues through July 13, Fifth House Lodge, Bridgton. 647-3506 or joan@fifthhouselodge.net.

Guided walking tour of Historic Fort Preble, beginning at 6:30pm in front of SMTc's Campus Center, Fort Road, South Portland. 828-0128.



"A Sense of Wonder," Kaiulani Lee portrays Rachel Carson at the Kennebunk High School

Saturday, July 12

"Sense of Wonder," performed by acclaimed actress Kaiulani Lee portrays Rachel Carson, one of the most influential women of all time, 7pm, Kennebunk High School auditorium. 646-9226.

As part of the upcoming Norway Summer Festival, a very special poetic event will take place. "Poets on the Porch" will be held from 3-6pm at the Weary Club, Main Street, Norway. 743-9808 or m3d@megalink.net.

John Griesemer will read from *Signal & Noise: A Novel*, the rollicking adventure of laying the first trans-Atlantic cable, 2pm, Books Etc., 240 US Rt. 1, Falmouth. 781-3784.

Discover the beauty and history of the oldest neighborhood in Portland - Historic Stroudwater Gardens. Local artisans will be working throughout the village, 10am-3pm, check in at the Tate House 1270 Westbrook St., Portland. 828-7913.

Peace & Love Productions presents "Hair": The American Tribal Love-Rock Musical, produced and directed by Leo Lunser, July 12-August 10 on Saturdays and Sundays at 2pm, Namaste Field, Acton. Contains nudity and strong language. 490-1210 or peacefreak@webtv.net.

Sunday, July 13

Southern Maine Music Academy final concert performance, 2pm, Gorham High School Performing Arts Center. 780-5617.

Chief Worumbo's Androscoggin 6 mile fun river race takes place as part of Lisbon's Moxie Festival. There will be 11 categories for canoes and kayaks, 11am. 353-2728.

Tuesday, July 15

Elinor Lipman will read from her eight novel, *The Pursuit of Alice Thrift*, the witty tale of Alice, a Boston hospital surgical intern and the romance with her conniving beau, Ray, 6:30pm, Books Etc., 240 US Rt. 1, Falmouth. 781-3784.

Alex Katz, best known for his eye-catching, large-scale paintings, portraits, figures, and landscapes that have dominated his output for four decades, will be giving a lecture, 7pm, Rockport Opera House. 236-2875 or education@artsmaine.org.

Annegret Baier and Shamou (African Percussion and Dance) will perform as part of the L/A arts summer concert series, noon-1pm, Festival Plaza, South Main Street, Auburn. (800) 639-2919, 782-7228 or www.laars.org.

Wednesday, July 16

Toni Buzzeo, award-winning children's book author, will read from her picture books *The Sea Chest* and *Dawdle Duckling*, 10am, Books Etc., 38 Exchange St., Portland. 774-0626.

Drip Irrigation - Mark Hutchinson from the University of Maine, Cooperative Extension will present all the info you need to set up a drip irrigation system. Sarah Bullett will lead a tour of the gardens at the Maine Organic Farmers and Gardeners Association site, Common Ground Education Center, Crosby Brook Rd., Unity. 568-3357.

Spindleworks Gallery will exhibit furniture and wood constructions by Diane and Earl Black, watercolors by Mona Bibber, acrylic paintings by Anna MacDougal, and paintings and embroideries by Steve Mann. This show will run through July, and an artist reception will be held on July 16, 10-11am. The gallery is located at 7 Lincoln St., Brunswick. Gallery hours: Monday-Friday 9am-4pm. 725-8820 or spindleworks@gwi.net.



"Poets on the Porch" at Norway Summer Festival featuring Baron Wormser

listings

HAPPENINGS

Thursday, July 10

L/A Arts summer concert series continues with *Wake the Neighbors*, noon-1pm, Courthouse Plaza, Lisbon St., Lewiston. 782-7228.
Quilting class for all ages, 10:30am, Casco Public Library.
WRACH/RITCA Concert on the Green, 7pm, Temple St., Kennebunk. 967-9120 or www.rivertreearts.org.

Friday, July 11

Art Lecture by Doric Salcedo, 8:30pm, Fresco Barn, Skowhegan Campus, Art School Rd., Skowhegan. 474-9345.
Guided Walking tour of Historic Fort Preble, 6:30pm, in front of SMTCC Campus, Fort Rd., South Portland. 828-0128.
Summer Gallery Talk: Women Artists by Phillis Carnahan, noon and 6pm, Portland Museum of Art, 7 Congress Square, Portland.
The Whole Writer: a writing retreat through July 13, with Joan Lee Hunter at Fifth House Lodge, Bridgton. 647-3506 or www.fifthhouse-lodge.net.

Saturday, July 12

Artists in the Garden, River Tree Center for the Arts/Kennebunkport Historical Society Art Fair, 10am-4pm, Nott House, Rt. 9, Kennebunkport. 967-9120 or www.rivertreearts.org.
Historic Stroudwater Gardens tour, 10am-3pm, check in at the Tate House, 1270 Westbrook Street, Portland. 828-7913.
John Grieseamer will read from *Signal & Noise: A Novel*, 2pm, Books Etc., 240 US Rt. 1, Falmouth. 881-3784.
Mark Bibbins, will read from *Sky Lounge*, 7pm, Books Etc., 38 Exchange Street, Portland. 774-0626.
"Poets on the Porch" – part of the Norway Summer Festival, 3-5pm, Weary Club, Main St., Norway. 743-9808 or m3d@megalink.net.

Sunday, July 13

Annual Greek Orthodox Church service, at the Cathedral of the Pines, 10am, 75 Cathedral Entrance, Rindge, NH. (603) 899-3300.
Chief Worumb's Androscooggin 6 Mile Fun River Race, 11am, Lisbon, 353-2728.
The Plummer Family in Gospel Concert, 6pm, Advent Christian Campmeeting Association Inc., Routes 11 and 121, Mechanic Falls. 345-9735.
Polish National Catholic Church, Eastern Diocese will hold a Vesper Service at Cathedral of the Pines, 3pm, 75 Cathedral Entrance, Rindge, NH. (603) 899-3300.
Southern Maine Music Academy, final concert performance, 2pm, Gorham High School Performing Arts Center, Gorham. 780-5617.
World Federalist Association annual picnic and meeting, noon-4pm, Waldoboro. 832-6863 or thesil@midcoast.com.

Monday, July 14

Look Good Feel Better, class for women under-

going cancer treatment, 1-3pm, Cancer Community Center, Main St., South Portland. 774-2200.

Tuesday, July 15

The Center for Maine Contemporary Art, presents the annual Skowhegan Lecture by Alex Katz, 7pm., at the Rockport Opera House. 236-2875.
Elinor Lipman will read from her novel, *The Pursuit of Alice Thrift*, 6:30pm, Books Etc., 240 US Rt. 1, Falmouth. 781-3784.
L/A Arts summer concert series continues with Annegret Baier & Shamou, African Percussion and Dance, noon-1pm, Festival Plaza, South Main St., Auburn. 782-7228.
"Let's Make an Opera", arts lecture given by Bruce Hagen, 7pm, River Tree Center "A Maine Town Responds: Cape Elizabeth and South Portland in the Civil War" book discussion by Paul J. Ledman M.A., J.D., noon-1pm, Maine Historical Society, 489 Congress St., Portland. 774-1822 for the Arts. 967-9120 or www.rivertreearts.org.
The Whole Writer: a writing retreat through July 13, with Joan Lee Hunter at Fifth House Lodge, Bridgton. 647-3506 or www.fifthhouse-lodge.net.

Wednesday, July 16

Bath Municipal Concert Band, part of the summer concert series, bring chairs or blankets and a picnic dinner, 7-8:30pm, on the Brunswick Mall, downtown Maine St. Park, Brunswick. 725-8797.
Children's book author Toni Buzzeo, will read from *The Sea Chest* and *Dawdle Duckling*, 10am, Books Etc., 38 Exchange Street, Portland. 774-0626.
Drip Irrigation presentation by mark Hutchinson from the University of Maine, Cooperative Extension, MOFGA Common Ground Education Center, Crosby Rd., Unity. 568-3357.
MFA Summer Lecture Series, Whitfield Lovell, multi-media and installation artist, 6:30pm, MECA, Porteous Building, 522 Congress St., Portland.

ONGOING

Amnesty International meets the second Tuesday of the Month at Casco Bay Ferry Terminal's Conference Room, Commercial Street, Portland, at 7:30pm. 874-6928.
Art Night Out - workshops held on Monday evenings from 5-8pm, 352 Cottage Road, South Portland. 799-5154.
The Brain Tumor Support Group of Maine meets the second Tuesday of each month from 7pm, Maine Medical Center's Charles A. Dana Health Education Center, Classroom #1, 22 Bramhall St., Portland. 871-4527 or fortin@mmc.org.
Buddhism in Portland - meditation and to study the Dharma, meets every Wednesday, 7-9pm, 774-1545.
Child Safety workshops to help educate parents, and about proper/legal car seats for children, and about the new laws in effect. Every second Tuesday, 6pm, Babies-R-Us in South Portland.
The Children's Hour, 1-2pm, Tuesdays in July

THEATER/COMEDY

"Hair" the American tribal love-rock musical, presented by Peace & Love Productions, July 12-August 10 on Saturdays and Sundays, 2pm (contains nudity and strong language), Namaste Field, Acton. 490-1210 or peacefreak@webtv.net.
"La Cage Aux Folles" June 24-27, adult content, Pickard Theater, Bowdoin College, Brunswick. 725-8769.
"Macbeth" the Stage at Spring Point, eleven outdoor performances from June 25-July 12, Fort Preble's Battery Rivardi on the Spring

and August, Special children's tour of Wadsworth-Longfellow House. Adults must accompany children. 774-1822 or jloden@maine-history.org.

The City of Portland's Downtown Portland Corporation meets the third Thursday of every month, 4pm. 874-8683.
Co-Dependents Anonymous, a 12 step fellowship of people whose common purpose is to develop healthy relationships, meets every Tuesday evening at Brighton Medical Center, 3rd floor, small conference room, from 6-7:30pm. 878-6632.
Computer Access open to the public, Wed & Thurs, 6-8pm, Portland West, 181 Brackett St., Portland. 775-0105 x27.
Creative Resource Center Activities Kids ages three and up are welcome to drop in Tues-Sat at the Creative Resource Center, 1103 Forest Ave, Portland, from 11am-5pm. 797-9543.
Debtors Anonymous is a recovery program for people with chronic debt based on the 12 steps of Alcoholics Anonymous, meets every Tuesday at the Woodfords Congregational Church, 202 Woodfords St., Portland, at 7pm. 774-4357.
Divorce Support Group The Greater Portland Spiritual Separated and Divorced Support Group meets every Tuesday, 7pm, Cathedral of the Immaculate Conception Rectory, 307 Congress St., Portland. 797-9374.

Dual Recovery Anonymous (DRA) self-help recovery program for those recovering from addiction and emotional problems meets every Monday at 3:15pm, McGeachey Hall, 216 Vaughan St., 1st floor group room AND every Tuesday at 1pm, Breakfast Room at Community Resource Center. 774-HELP.
The "Father's Heart" worship and praise ministry, hosted by Prophetic Destiny Ministries, 3-5:30pm every third Sunday of every month. Sky-Hy conference center, 32 Sky-Hy Drive, Topsham. 725-7577.

Food Not Bombs The group distributes free food to the masses in Monument Square, Portland, every Sunday from 2-4:20pm. 774-2801.
Free School event where artists, craftspeople, dancers, and teachers of all kinds offer workshops to the public, free, every first Monday of the month, Portland West, 181 Brackett St., 7pm.
Gays and Lesbians Adopting, a new support group and resource exchange for LGBT foster and adoptive families in Maine, meets the third Friday of each month. 773-3023 or mainegala@hotmail.com.

Geographic Information Systems Clinic, open to anyone with a GIS questions, research, problem, research idea, or general interest, 9:30-11:30am, Wednesdays; and Open GIS Seminar, noon-1pm, Wednesdays, Room 302, Bailey Hall, USM Gorham. 780-5063.
"Getting Started" workshop providing an important overview to historic home ownership and preservation. Walker Memorial Library, Main St., Westbrook, Saturdays, 9am-4pm.

Maine Writers and Publishers Alliance presents informal writers' jam sessions open to all genres, 7pm, second Thursday of each month, Mr. Paperback Café, Lewiston. 729-6333 or sarah@mainewriters.org.
Maine Writers and Publishers Alliance presents "drink, art & open mic" open to all genres, 7pm, second Monday of each month, Local 188, Longfellow Square, Portland. 729-6333 or www.mainewriters.org.

Man to Man Monthly discussion group meets first Thurs of the month to discuss issues pertaining to men's lives. All men over the age of 18 are welcome. At the Center for Cultural Exchange, 1 Longfellow Square, Portland, from 7-9pm. Free. 865-2048.

Mom to Mom – representatives from local pre-school and elementary schools will come to talk about different school philosophies and school preparedness, held on the 4th Wednesday of each month, Dana Center, Maine Medical Center, Portland. 282-1160 or 797-6384.

Point Walkway, South Portland. 828-0128 to reserve free tickets as seating is limited.
"A Sense of Wonder" a portrayal of Rachel Carson, one of the most influential women of all time, July 12, 7pm, Kennebunk High School. 646-9226.
"Under Milk Wood" play by Dylan Thomas, 6:30pm. Warren Memorial Library, Teens and Adults Auditorium, 479 Main St., Westbrook. 854-5891.

AUDITIONS

"Grease" auditions, women (ages 16+) 1-5pm, men (ages 16+) 6-10pm, please bring a

EVERY WEEK NOTICES - for all listing sections Casco Bay Weekly listings are a fun and free service to our readers. To have a listing considered for publication, send complete information (including dates, times, costs, complete address, a contact telephone number) by noon Thursday two weeks prior to publication. E-mail: listings@maine.rr.com.

The Greater Portland Maine Genealogical Society meets the first Sat of the month at the Falmouth Congregational Hall, 267 Falmouth Road, Falmouth, 2pm. 797-7927.

The Greater Portland Parkinson Support Group meets the fourth Sun of the month at the Falmouth Congregational hall, 267 Falmouth Road, Falmouth at 2pm. All those with Parkinson's, as well as their families and friends are welcome. 797-8927 or 774-3312.

Inner Light Spiritualist Church, Sunday services. Healing Service 6pm, Main Service 6:30pm, Memorial Chapel, 2nd floor, Williston-West Church of Christ, 32 Thomas Street, Portland. 831-0702, 786-4401 or glorygirl@midmaine.com.
Kids First Center a non-profit organization that offers programs with the purpose of providing practical information and suggestions to help separating or divorcing parents focus on the needs of their children. For program dates and additional information: 761-2709, kidsfirst@nlls.net, or write: 222 St. John St. Suite 01, Portland, ME 04102.

The League of United Latin American Citizens meets the fourth Thursday of the month at the Reiche School, 166 Brackett St., Portland, at 6pm. 767-3642.

The Longfellow Trail, 1-2pm, Wednesdays in July and August, Hour-long walking tour through historic Portland, visits sites the poet knew and wrote about, Maine Historical Society, 489 Congress Street, Portland. 774-1822 or www.maine-history.org.

Look Good, Feel Better, sessions for women with appearance-related side effects from cancer treatment, 1-3pm 2nd Monday of each month & 5:30-7:30 4th Monday of each month (except Memorial Day, May 26) Cancer Community Center, Route 1, South Portland. 774-2200.

The Maine Renaissance Faire - weekends through August 17, 10am-5pm., Lord Road, Lebanon. 926-5693.

Maine Writers and Publishers Alliance presents informal writers' jam sessions open to all genres, 7pm, second Thursday of each month, Mr. Paperback Café, Lewiston. 729-6333 or sarah@mainewriters.org.

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prepared song, The Portland Players, 420 Cottage Rd., South Portland. 741-5232

OHMPAA Auditions for "The Nerd" a comedy by Larry Shue, July 1 and 2, 7-8:30pm, Paris Hill Academy, Building S, Paris. Scripts available at Norway and S. Paris Libraries.

Casting: 4 men, 2 women, 1 child. Show Dates: Sept 4-14. 784-2274.
Sketchyguys Productions is holding auditions for "Must be the Clouds in my Eyes" to benefit Family Crisis Services. Cast of three males from 20-35 years of age. 799-2974.

visual arts

Openings/Closings

Thursday, July 10

Aucocisco Gallery, 615A Congress Street, Portland. Chenoweth Hall and Marilyn Blinkhorn. 874-2061.
Aucocisco at Eastland Park Hotel, 157 High St. Portland. Hours: Wed-Sat noon - 5pm. Abby Shah: Memories without Heirs. 775-2227.
Greenhut Galleries, 146 Middle St., Portland. "Still Living with the Fishermen" by Allison Goodwin, opening reception 5-7pm. 772-2693.
Hay Gallery, 594 Congress St., Portland. New Work by Jeff Badger, gallery 3, artist's reception 5-8pm. 773-2513.
Little Sebago Gallery & Frame, Windham. New art by 10 local artists, artist reception 6-8pm. 892-8086.

Friday, July 11

June Fitzpatrick Gallery, 112 High St., Portland. Drawings and small sculptures by Celeste Roberge, opening reception 5-7pm. 772-1961.
The Kitchen, 593 Congress St., Portland. "Stillness and Movement", original artwork by Diane Slwka, opening reception 5-7pm.
Thomas Spencer Gallery, 360 Main St., Yarmouth. "Outside the Box" by Jennifer R. Hubbell, artist's reception 5-8pm. 846-3643.

Saturday, July 12

Forty Five Degrees Artisans Gallery, 169 Port Rd., Suite 14, Kennebunk. "2003 group show", by over 18 artists, artist reception 5-8pm. 967-4505 or www.45degreesgallery.com.

Wednesday, July 16

Colby College Museum of Art, Waterville. "Cherished Possessions: A New England Legacy", opening reception 3-4:30pm. 872-3228.
Spindleworks Gallery 7 Lincoln St., Brunswick. Furniture and wood constructions by Diane and Earl Black, watercolors by Mona Bibber, acrylic paintings by Anna MacDougal, paintings and embroideries by Steve Mann, artist reception 10-11am. 725-8820.

GALLERIES

Area Gallery, Lewiston-Auburn College, 51 Westminster St., Lewiston. Hours: Mon-Fri 8am-8pm. Fri 8am-4:30pm. Sat 9am-3pm. "Students of Mercedes Gastonguay" featuring drawings and paintings, through August 15. 753-4500.

Aucocisco Gallery, 615A Congress Street, Portland. Hours: Wed-Sat noon-5pm. Chenoweth Hall and Marilyn Blinkhorn, through July 26. 874-2060.

Aucocisco at Eastland Park Hotel, 157 High St. Portland. Hours: Wed-Sat noon - 5pm. 775-2227.
**"Summer Watercolors Paintings" through July 26.
*Abby Shah: Memories without Heirs, through July 26.

Carnegie Gallery, University of Maine, 5712 Carnegie Hall, Orono. Hours: Mon-Fri 9am-4pm. "LD: Four Artists from Vinalhaven" a group exhibit, through August 21.
Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Hours: Tues-Sat 10am-5pm. Exhibits by painter Charles DuBack, artist Stephen Huyler and photographer Peter Michelena. 236-2875.
Chris Heilman Art Glass Gallery, 55 Federal St., Portland. Featuring torch work decorated blown vessels and sculptures as well as Silver Vell abstract vessels by Chris Heilman, ongoing. 772-7940 or www.hotglasseilman.com.

Couleur Collection, 240 U.S. Rt. 1, Falmouth. Paintings by Catherine Breer, through July. 781-5479.
Elizabeth & Main Gallery of Art, 238 Main St. Gorham. Hours: Wed-Fri 10am-6pm. Sat-Sun 10am-4pm. "Landscapes" by Annette Gurdo, through July 13. Also featuring local portrait artist and ongoing group show. 671-8237.
Fire Share Commons, 447 Main St., Norway. Hours: Thurs-Fri 3-6pm. Sat 10am-2pm. Group show through July 26. 743-9044.

Forty Five Degrees Artisans Gallery, 169 Port Rd., Suite 14, Kennebunk. "2003 group show", by over 18 artists, through August 2. 967-4505 or www.45degreesgallery.com.

Firehouse Gallery, Damariscotta. Hours: Tues-Sat 10am-5pm. Sun 11am-4pm. "Wholly Mackerel" with featured artists: John Neville, William Irvine, Arthur Di-Mambro and folk sculptures of the Maritime Provinces, through July 13. 563-7259.

Galeric Fine Art, 240 US Route 1, Falmouth. Hours: Sat 10am-4pm. Mon-Fri 10am-6pm. 781-3555.
* Group show of gallery artists Verne Reed, Veronica Benning, Estelle Roberge, Lori Tremblay, and Henry Peacock, ongoing.
* "Sight Seeing" and "Abstract Oils of Place" by Estelle Roberge, through July 26.

Gallery on Chase Hill, Kennebunkport. Works by John Holub, William B. Hoyt, W.C. Nowell and Daniel Pollera, through July 31. 967-0049.

Gallery at the Clowen, 123 Middle Street, Portland. Hours: Mon-Wed 10am-6pm. Thurs-Sat 10am-7pm. "Essence Of A Maine Summer" featuring painters, Jesse Blanchard, Martha Burkert, and Evelyn Dunphy through July 29. 756-7399 or www.the-clowen.com.
Gallery At Widgion Cove, 31 Widgion Cove Lane, Harpswell. Hours: Thurs-Sat and Monday 11am-5pm. Sundays 1-5pm. "Themes on Meditation", sculptures by Condon Kuhl inspired by Japanese Shrines through September 7. 833-6081.

Gallery Seven 49 Exchange St., Portland. Hours: Mon-Thurs 10am-6pm. Fri-Sat 10am-9pm. Sun noon-6pm. Exhibit of work by American craft artists in all media, ongoing. 761-7007.

Gallery at Widgion Cove, 31 Widgion Cove Lane, Harpswell. Hours: Thurs-Sat and Mon 11am-5pm or by appointment. "Seascapes, Maine to Cape Breton" by Georgeann Kuhl, through July 18. 833-6081.
George Marshall Store Gallery, 140 Lindsay Rd., York. Hours: Tues-Sat noon-5pm. Sun 1-5pm. "Charm" paintings by Gail Spaien, through August 3. 351-1083.
Gleason Fine Art, 31 Townsend Ave., Boothbay Harbor. Andrea Peters and Christine Peters Hamilton, Mother and Daughter: Catching Light, through July 15. 633-6849 or www.gleasonfineart.com.

Scalco's Galleries, 146 Middle St., Portland. Hours: Mon-Fri 10am-5:30pm. Sat 10am-5pm. "Still Living with the Fishermen" by Allison Goodwin, through July 28. 772-2693.
Hay Gallery, 594 Congress St., Portland. Hours: Tues-Sun 11am-5pm. "Repose and Renew" by Nancy Parker, through July 27. New Work by Jeff Badger, gallery 3, through July 27. 773-2513.

Hole in the Wall Studioworks, Rt. 302, Raymond. Hours: Mon-Sat 9:30am-5:30pm. Sun 10am-5pm. Relief paintings by Jennifer O'Toole, through July 9. 655-4952.
ICA at MECA, Porteous Building, Congress St., Portland. Exhibit by faculty who teach at the Skowhegan School of Painting and Sculpture, through September 28. 775-3052.
ICON Contemporary Art, 19 Mason St., Brunswick. Hours: Mon-Fri 1-5pm. Sat 1-4pm. Group exhibit of paintings, drawings and sculptures, through July 19. 725-8157.

June Fitzpatrick Gallery, 112 High St., Portland. Hours: Tues-Sat noon-5pm. Drawings and small sculptures by Celeste Roberge, through July 26. 772-1961.
June Fitzpatrick Gallery @ Maine College of Art, 522 Congress St., Portland. Hours: Tues-Sun 12noon-5pm. "Cranberry Paper" a decade of drawings and prints by Emily Neilligan and Marvin Bleck, July 8-August 30. 879-5742 x283.

Lewis Gallery of the Portland Public Library, Monument Square, Portland. Group sculptor exhibit, through July 26. www.maineartists.org.
The Luros Gallery, 14 Parker Point Lane, Blue Hill. A collection of pre-revolutionary Russian Watercolors from the estate of Nicholas Akhros, through July 20. <http://www.luros-gallery.com>.
Little Sebago Gallery & Frame, Windham. Hours: Mon-Fri 9:30am-5:30pm. Sat 9:30am-4pm. New art by 10 local artists, through August 9. 892-8086.

Local 188 Gallery, 188 State St., Portland. New Paintings by Broadbent and Dahlquist, ongoing.
Long Hall Gallery, Maine College of Art, Porteous Building, Portland. "Adventures in Art Student Exhibition", ongoing. 828-0031.
Meyer Studio Gallery 51 Oak St., Portland. Hours: Wed-Fri 4-6pm. Sat-Sun noon-4pm. Exhibit of recent works by Louis Meyer, Matthew Meyer and Nathaniel Meyer, ongoing. 879-1323.

Photographic Traditions of Maine, 125 Presumpscot St., Portland. Student work in optical photography from Maine's Colleges and Universities, through August 15. 774-8200.
Phum Gallery, 142 High St., Suite 217, Portland. Hours: Tues-Fri 11am-4pm. DOTDOTDOTS!!! The simplest of elements exploited by artists in a multitude of ways, ongoing.

Portland Coalition Art Gallery 688 Congress St., Portland. Call ahead for hours. Exhibit of mixed-media works by artists associated with the Portland Coalition for the Psychiatrically Labeled, ongoing. 772-2208.

Portland Glassblowing Studio, 24 Rosasco Lane, Portland. Hours: Fri-Sun 10am-6pm. Glassblowing demonstrations and exhibit of contemporary glassware designed and made by studio owner Ben Coombs, ongoing. 409-4527.

Richey Jewelry Gallery, 150 High St., Portland. "Architectural and Jewelry", through July 31. 772-5252.
Run Run Studio, Rt. 25 in Cornish. Paintings by Ann Tolson, through July 31. 625-3144.

Salt Gallery, 110 Exchange St., Portland. Hours: Tues-Sat 11:30am-4:30pm. "Forgotten People", through September 20.

Silver Image Resource Gallery, 500 Congress St., rear

studio, Portland. Hours by appointment or chance. 5-8pm first Fridays. Photography by Donna Lee Rollins, and Dennis Stein, hand-colored photographs, "Holga" prints, and digital images, ongoing. 761-0711.

Space Gallery, 538 Congress St., Portland. Work by students graduating in MECA's Master of Fine Arts degree program.

Spindleworks Gallery 7 Lincoln St., Brunswick. Hours: Mon-Fri 8am-4pm. Furniture and wood constructions by Diane and Earl Black, watercolors by Mona Bibber, acrylic paintings by Anna MacDougal, paintings and embroideries by Steve Mann, through July. 725-8820.

The Stein Gallery, "George Bucquet's elegant art deco forms", through August 24. 772-9072.

Studio 656, 656 Congress St., Portland. Hours: Thurs and Fri 12noon-6pm. Works by John Driscoll, ongoing. 871-3922.

Thomas Spencer Gallery, 360 Main St., Yarmouth. Hours: Tues-Fri 10am-5pm. Sat 10am-4pm. "Outside the Box" by Jennifer R. Hubbell, through August 2. 846-3643.

Toby Rosenberg Gallery 293 Read St., Portland. Hours: Mon-Sun noon-6pm. Handbags, clothing, cloth dolls, pottery, contemporary American crafts, sculpture and Judaica, ongoing. 878-4590.

The VIA Group, 34 Danforth St., 2nd Floor, Portland. Hours: by appointment only. "Dogs of Maine", paintings by Kelly Jo Shaws, through July 7. heathkelly@adelphia.net.
Yarmouth Historical Society Gallery, Hours: Tues-Fri 1-5pm. Sat 10am-5pm. "Home Sweet Yarmouth Home." 846-6259.

MUSEUMS

Abbe Museum, Bar Harbor. 288-3519.
**"Layers of Time: 75 Years of Archaeology at the Abbe Museum".
**"Wapohaki Student Art Show: "Beyond the Mountain: Modern Views of Traditional Ideas."

"Dr. Abbe's Stone Age" Museum, through October 19.
Bowdoin College Museum of Art, 9400 College Station, Brunswick. Hours: Tues-Sat 10am-5pm. Sun 2-5pm. 725-3275.
**"Twists in Landscape" paintings by Joseph Haroutunian, through August 17.

Colby College Museum of Art, Waterville. "Cherished Possessions: A New England Legacy", July 16-October 27. 872-3228.
Currier Museum, 201 Myrtle Way, Manchester, NH. Hours: Mon, Wed, Fri & Sun 11am-5pm. Thurs 11am-8pm. Sat 10am-5pm. Jan Miense Molenaar: Painter of the Dutch Golden Age. 669-6144.

Davistown Museum, Main St., Liberty. Hours: Sat & Sun 10am-5pm. Maine and New England history through the study of tools, Native American history, artifacts, and exhibits featuring Maine artists. 589-4900.

Maine Maritime Museum, 243 Washington St., Bath. Hours: Mon-Sun 9:30am-5pm. Percy and Small Shipyard exhibit. 443-1316.

Portland Museum of Art, 7 Congress Square, Portland. Hours: 10am-5pm Tues, Wed, Thurs, Sat & Sun. 10am-5pm Fri. Memorial Day through Columbus Day open Mondays 10am-5pm. 775-6148 or (800) 639-4067.

"Contemporary Art From the Permanent Collection", featuring the diversity of subject matter and style that have come to dominate the post-world war art scene, ongoing.

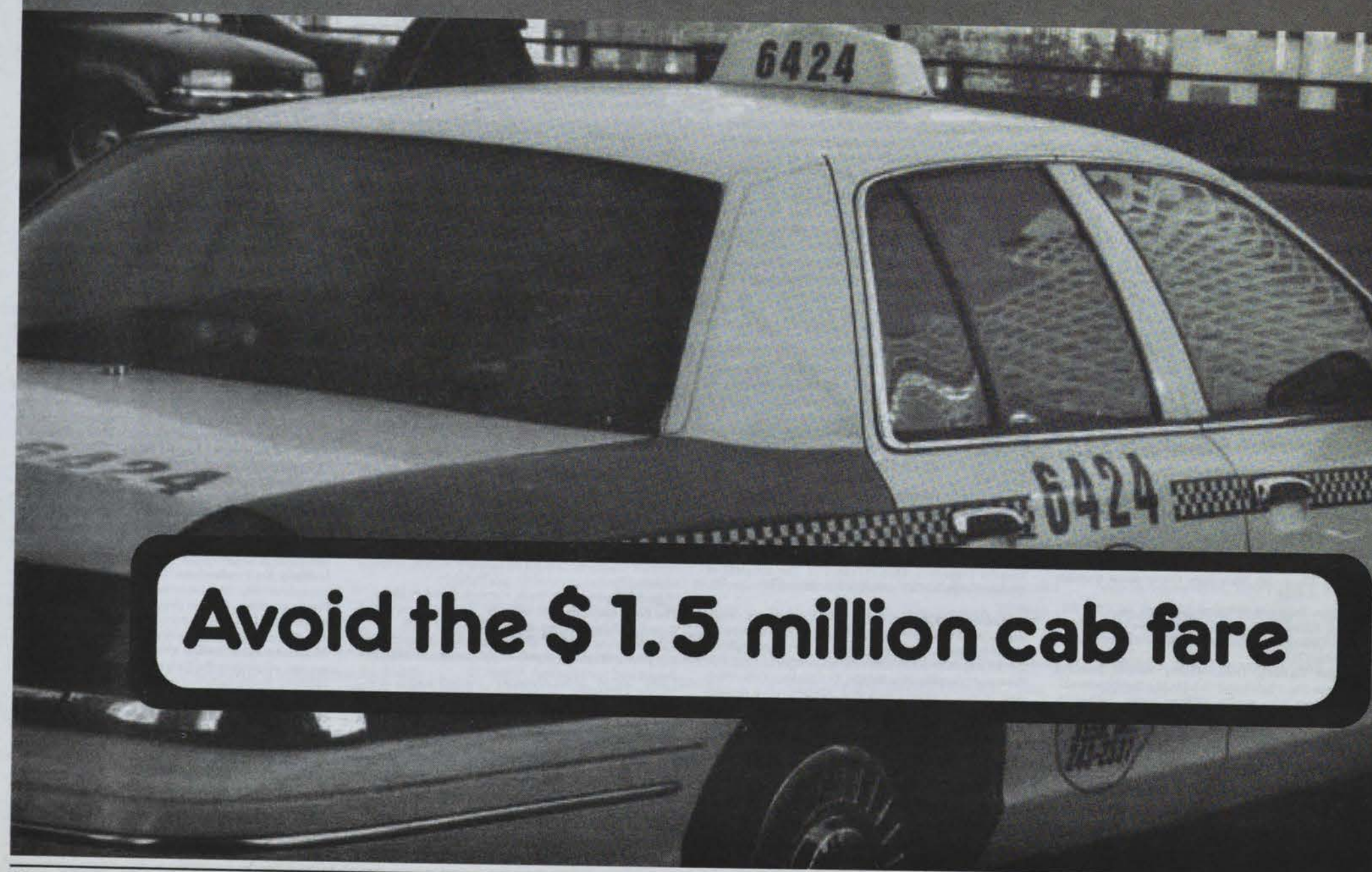
"Fairfield Porter: A Life in Art, 1907-1975" exhibit examining the life and works of Fairfield Porter, through September 7.

"Mapping Maine: Four Contemporary Views" – part of a

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Music directory

The Alehouse 30 Market St. Portland. 253-5100.
American Legion Post #62 17 Dunn St. Westbrook. 856-7152.
Amigo's 9 Dana St. Portland. 772-0772.
Asylum 121 Center St. Portland. 772-8274.
Barbara's Kitchen & Cafe 388 Cottage Road, So. Portland. 767-6313.
The Big Easy 55 Market St. Portland. 871-8817.
The Big Kahuna Café 142 Main St. Bridgton 647-9031.
Bowdoin College Chapel Brunswick. 725-3321.
Bramhall Pub 769 Congress St. Portland. 773-9873.
Breakaway 35 India St. Portland. 541-4804.
Bridgeway Restaurant 71 Ocean St. South Portland. 799-5418.
Brian Boru 57 Center St. Portland. 780-1506.
Brooks Student Center Univ. of Southern Maine, Gorham. 780-5003.
Bull Feeney's 375 Fore St. Portland. 773-7210.
Casco Bay Lines 56 Commercial St. Portland. 774-7871.
Cathedral Church of St. Luke 143 State St. Portland. 772-5434.
Cathedral of the Immaculate Conception 307 Congress St. Portland. 773-7746.
Center for Cultural Exchange 1 Longfellow Sq., Portland. 761-1545.
Chocolate Church Arts Center 798 Washington St. Bath. 442-8455.
C.J. Thirsty's 726 Forest Ave. Portland. 775-6681.
Civic Center Between Spring and Free streets, Portland. 775-3458.
Clyde's Pub 173 Ocean St. South Portland. 799-4135.
Commercial Street Pub 129 Commercial St. Portland. 761-9970.
Corthell Concert Hall 37 College Ave. University of Southern Maine, Gorham campus. 780-5555.
Crocker Theater Brunswick High School, Maquoit Road, Brunswick. 725-3895.
David's Restaurant 22 Monument Square, Portland. 773-4340.
Deertrees Theatre & Cultural Centre Deertrees Road, Harrison. 583-6747.
Digger's 440 Fore St. Portland. 774-9595.
Discovery Park L.L. Bean, Main Street, Freeport. (800) 559-0747 X37222.
Downeast Restaurant 705 Route 1, Yarmouth. 846-5161.
First Parish Church of Portland 425 Congress St. Portland. 773-5747.
The Flatbread Company 72 Commercial St. Portland. 772-8777.
Free Street Taverna 128 Free St. Portland. 772-5483.
Geno's 13 Brown St. Portland. 772-7891.
Granny's Burritos 420 Fore St. Portland. 828-1579.
Gritty McDuff's 396 Fore St. Portland. 772-2739.
Happy Cooking 78 Island Ave. Peaks Island. 766-5578.
Headliners 35 Wharf St. Portland. 773-1570.
The Iguana 52 Wharf St. Portland. 871-5886.
The Industry 50 Wharf St. Portland. 879-0865.
Jonathan's Restaurant 92 Bourne Lane, Ogunquit. 646-4777.
Kennebunk Coffeehouse Routes 1 and 35, Kennebunk. 229-0212.
Kresge Auditorium Bowdoin College, Brunswick. 725-3321.
Liquid Blue 446 Fore St. Portland. 774-9595.
Local 188 188 State St. Portland. 761-7909.
Ludke Auditorium UNE, 716 Stevens Ave. Portland. 797-7261.
Mast Cove Galleries Mast Cove Lane, Kennebunkport. 967-3453.
Mathew's Lounge 133 Free St. Portland. 253-1812.
The Mercury 416 Fore St. Portland. 879-4007.
Merrill Auditorium 20 Myrtle St. Portland. 842-0800.
Moose Crossing Steakhouse 270 U.S. Rt. 1, Falmouth. 781-4771.
The Music Hall 28 Chestnut St. Portsmouth, NH. (603) 433-3100.
Norway Coffeehouse 479 Main St., Norway.
Old Orchard Beach Pavilion 17 Prospect St. Old Orchard Beach. 934-2024.
Old Port Tavern 11 Moulton St. Portland. 774-0444.
Olin Arts Center 75 Russell St. Bates College, Lewiston. 786-6252.
O'Rourke's Landing 175 West Benjamin Pickett St. So. Portland. 767-3611.
The Pavilion 188 Middle St. Portland. 773-6422.
Plush 54 Wharf St. Portland. 774-9595.
Portland Conservatory of Music 116 Free St. Portland. 775-3356.
Portland Museum of Art 7 Congress Square, Portland. 775-6148.
Portland Public Market 25 Preble St. Portland. 228-2000.
Pub 21 (Fifties Pub) 223 Congress St. Portland. 771-5382.
Red Hook Brewery 35 Corporate Drive, Portsmouth, NH. (603) 430-8600.
Rick's 100 Congress St. Portland. 775-7772.
RiRa 72 Commercial St. Portland. 761-4446.
The River Tree Center for the Arts 35 Western Ave., Kennebunk. 967-9120.
The Roost Chicopee Road, Buxton. 642-2148.
St. Lawrence Arts & Community Center 76 Congress St. Portland. 775-5568.
Saco River Grange Hall Salmon Falls Road, Bar Mills. 929-6472.
Sierra's Bar & Grill Routes 25 and 114, Gorham. 839-3500.
Silly's Restaurant 40 Washington Ave., Portland. 772-0360.
Silver House Tavern 340 Fore St. Portland. 772-9885.
Sisters 45 Danforth St. Portland. 774-1505.
Slates 169 Water Street, Halliwell. 622-9575.
Sky Bar 188 Middle St. Portland. 773-6422.
Somewhere 117 Spring St. Portland. 871-9169.
South Freeport Church 98 South Freeport St. Freeport. 865-4012.
The Space 538 Congress St., Portland. 828-5600.
Starbird Recital Hall 525 Forest Ave. Portland. 775-2733.
State Street Church 159 State St. Portland. 774-6396.
State Theatre 609 Congress St. Portland. 775-3331.
The Station 272 St. John St. Portland. 773-3466.
Three Dollar Dewey's 241 Commercial St. Portland. 772-3310.
Top of the East 157 High St., Portland. 775-5411.
Una 505 Fore St. Portland. 828-0300.
The Underground 3 Spring St. Portland. 773-3315.
The Well 369 Forest Ave. Portland. 828-1778.
Wizard's Main St., Presque Isle. 764-0144.

listening posts

Thursday 10

Alehouse
 Zoe's Choice (9pm/21+)
Asylum
 DJ Sain*don (9pm/21+)
Barnhouse Tavern
 DJ Jim Casey (9pm)
The Bramhall Pub
 The Jerks of Grass (bluegrass/9:30pm/21+)
Brian Boru
 Stream (Reggae/9pm/21+)
Bull Feeney's
 Emilia Dahlin (9:30pm/21+)
Clyde's Pub
 Open Mic w/ Ken Grimsley and Ben Roy (9pm/21+)
Headliners
 DJ Baby J (9pm/21+)
McGillicuddy's
 Ken Grimsley and Dave Dodge (acoustic)
Monument Square (Portland)
 NRBO/Now is Now (5pm)
Moose Crossing Steakhouse
 The Jerry Berry Quartet (7pm/10:30/21+)
Old Port Tavern
 Karaoke w/ DJ Mike C (9:30pm/21+)
Port Hole
 Slowing Room (9pm/21+)
The Station
 DJ Cougar/Karaoke (9:30pm/21+)
Three Dollar Dewey's
 Mike Taylor Trio (6pm)

Friday 11

Alehouse
 Eldimer Krim (9pm/21+)
Amigo's
 Chris Hawley (9:30pm/21+)
Asylum
 dehuman8/DJ Stranger (9pm/21+)
The Bramhall Pub
 Karaoke with Don Corman (10pm/21+)
The Breakaway
 Jenny Woodman (9:30pm/21+)
Bridgeway Restaurant
 Bobby Laine (Piano/6pm)
Brian Boru
 Pneuma (9pm)
Bull Feeney's
 Emilia Dahlin Band (up)
 Bailey's Mistake (down) (9pm/21+)
Geno's
 Peeland Z/Sweatpant Boners/Steelhead (9:30pm/21+)
Headliners
 DJ Seanne (9pm/21+)
Jones Landing
 The Hit Men (7pm)
The Mercury
 12inch Zombies-Laree Love/Moshe/

Nicotine w/ Richard Sin (9pm/21+)
Sisters
 DJ (9pm/21+)
The Station
 Boston DJ's (dance/9pm)
Una
 DJ Mike Said (house music/9:30pm/21+)
WMPG 90.9FM/104.1FM
 Boreal Tordu

Saturday 12

Alehouse
 A440 (9pm/21+)
The Bramhall Pub
 Shanna and the Hawk (10pm/21+)
Bridgeway Restaurant
 Bobby Laine (Piano/6-10pm)
Bull Feeney's
 Bailey's Mistake (9pm/21+)
Geno's
 Biopop Labb (9:30pm/21+)
Headliners
 DJ Baby J (9pm/21+)
Old Orchard Beach Pavilion
 Steve Amerson (7pm)
Silly's
 Paul Mollomo (acoustic/7pm)
Sisters
 Top 40's DJ(8:30pm/21+)

Sunday 13

The Alehouse
 Stream (Reggae/9pm/21+)
Big Easy
 DJ Jay (hiphop/10pm/21+)
Brian Boru
 Irish session music (3-7pm)
David's Restaurant
 Jenny Woodman Acoustic Duo (6pm)
Free Street Taverna
 Open Mic w/ Tyler of Sly Chi (9pm/21+)
Jones Landing
 Zion Train (reggae/1pm)
Old Port Tavern
 Karaoke w/ DJ Mike C. (9:30pm/21+)
Ri-Ra
 Live Jazz Brunch (11am)
The Station
 DJ Cougar/Karaoke (9:30/21+)
Three Dollar Dewey's
 Tom Kennedy (4pm)

Monday 14

Alehouse
 Concentric (9pm/21+)
The Big Easy
 Ryan McCalmon (10pm/21+)
Free Street Taverna
 Hip Hop Open Mic w/ Boon Doox (9:30pm)
Old Port Tavern
 Karaoke w/ DJ Sid

Tuesday 15

The Alehouse
 Open Mic Night (21+)
The Big Easy
 Sly Chi (Funk/10pm/21+)
Bridgeway Restaurant
 Al Doane Jazz Jam (7-10pm)
Bull Feeney's
 Open Mic (8pm)
Free Street Taverna
 Riddim & Roots (reggae/9:30pm/21+)
Geno's
 Dr. Farren's Open Mic Music Clinic
The Mercury
 The Lesson w/ Moshe/DJ Mota/Kid Ray (10pm/21+)
Old Port Tavern
 Karaoke w/ DJ Sid (9:30/21+)
Three Dollar Dewey's
 Jim Gallant (6pm)

Wednesday 16

The Alehouse
 A Band Beyond Description (jam band/9:30pm/21+)
Barbara's Kitchen
 Spiral Music Productions (jazz/8pm)
The Big Easy
 Zion Train (reggae/10pm/21+)
Breakaway
 The Maine Songwriters Showcase (8pm/21+)
Mast Cove
 Anna Cheek
Old Port Tavern
 Karaoke w/ DJ Mike C. (9:30/21+)
Three Dollar Dewey's
 Jud Caswell (6pm)
Top of East
 Dave Briggs Jazz Duo (7pm/21+)
The Well
 Open Mic Night (8pm)
Western Prom
 Kate Taylor

Got a gig? Is the next big thing coming to your club or venue? Casco Bay Weekly wants to know! Please send your music listings (including date, location, performer, genre, time and cover charge), to Listings, Casco Bay Weekly, 11 Forest Ave., Portland, ME 04101, fax: 775-1615, or e-mail: listings@casco-bay-weekly.com. Listings must be in by the Thursday prior to publication.

press box

Spotlight on: The Eastern League (AA) of Professional Baseball

by John Christian Hageny

Portland is a great sports town. We love and support our sports teams and cherish every win as if it were the last. We have won championships and held victory parades up and down Congress Street with thousands in attendance. We even had the Super Bowl Trophy here in Monument Square last year after the New England Patriots won their first National Football League Championship.

Sure, everyone knows the city calls itself home to two venerable sports franchises: The Portland Pirates and the Portland Sea Dogs, but did you know the city is also home to an elite league of 12 Major League affiliated baseball teams?

The Eastern League (AA) Office of Professional Baseball, one of the oldest and most historic leagues in all of professional athletics is also here in Portland.

In 1994, a dream became a reality as the city of Portland was granted another sports franchise welcoming the Portland Sea Dogs to Minor League Baseball, something the city had been without for over 40 years. That year, the Eastern League expanded by two teams introducing the New Haven Ravens and Portland Sea Dogs to baseball each with ties to the Major Leagues.

The tireless efforts of former city mayor William B. Trough, Charles Eshbach and others were rewarded as the Sea Dogs became the Double-A farm club of the Florida Marlins.

Trough's resiliency and persistence provided the blueprints and foundation for other cities to follow in bringing Minor League Baseball to other cities across the northeast. In 1996, he became the 10th President of the Eastern League of Professional Baseball and the league office moved to Portland.

Today, the league is located in the heart of Portland at 511 Congress Street, and is stronger than ever with 12 teams scattered from Ohio to Maryland and as far north as Maine. It's a bit different now with many cities changing affiliations including our own Sea Dogs leaving the Marlins organization for the Boston Red Sox merger just this season.

In 2002, Trough stepped down and has been replaced by former Vice-President Joe McEachern but the goal remains the same: To provide families across the northeast and baseball fans everywhere competitive athletic entertainment at an affordable price.

THE 2002 EASTERN LEAGUE OF PROFESSIONAL BASEBALL



TEAM	AFFILIATION
Akron Aeros (OH)	Cleveland Indians
Altoona Curve (PA)	Pittsburgh Pirates
Binghamton Mets (NY)	New York Mets
Bowie BaySox (MD)	Baltimore Orioles
Erie SeaWolves (PA)	Detroit Tigers
Harrisburg Senators (PA)	Montreal Expos
New Britain Rock Cats (CT)	Minnesota Twins
New Haven Ravens (CT)	Toronto Blue Jays
Norwich Navigators (CT)	San Francisco Giants
Portland Sea Dogs (ME)	Boston Red Sox
Reading Phillies (PA)	Philadelphia Phillies
Trenton Thunder (NJ)	New York Yankees

"We are proud of the role we play within our communities. We strive to become community leaders in making a difference in as many lives as possible. Our charitable and social contributions are our way of trying to make our communities a better place," said McEachern in a leaguewide statement. "It is my privilege, in this my inaugural year serving as Eastern League President, to welcome in another exciting season of baseball to our parks and I look forward to seeing you at the ballpark," added McEachern, who now calls Scarborough, Maine home. "Now let's PLAYBALL!"

Created in 1923, the Eastern League has been a model of consistency to be patterned after by other Minor Leagues. Originally, the league consisted of just five teams before expanding into baseball's modern era in the mid-1930's when the league became more regulated with eight teams. It was then when statistics started being kept and attendance records were recorded.

In 1936, the first year the league kept attendance 417,172 fans attended E.L. games. In perspective, the league had 69,286,145 fans go through the turnstiles at Eastern League parks just last season. The maximum salary limit for a player in 1936 was \$4,750 per year. There currently is no limit on player salaries today.

Among the many Eastern League alumni who are now in Major League uniforms today include: Nomar Garciaparra, Alfonso Soriano, Derek Jeter, Scott Rolen, Shea Hillenbrand, Torii Hunter, Vladimir Guerrero, Curt Schilling and Manny Ramirez. There are 23 former Eastern Leaguers currently enshrined in the Baseball Hall of Fame in Cooperstown, New York including Nolan Ryan, Carlton Fisk, Warren Spahn, Mike Schmidt, Whitey Ford, Bob Lemon, Johnny Mize and Jim Palmer just to name a few.

For more on the Eastern League of Professional Baseball, visit the league website at www.easternleague.com.

focal point

The Stage at Spring Point MacBeth in the Open Air

by Lee Bellavance

Location, location, location are the three most important things in real estate—and after the opening of The Stage at Spring Point, one might want to add: of theatre. Committed to bringing accessible and high quality locally produced outdoor theatre to the area, The Stage chose the ambitious MacBeth for the inaugural show of their inaugural season at their brand-new 100-seat facility in South Portland.

And very old facility too, since this newest theatrical endeavor in the Portland area is held on the 195 year-old ramparts of Fort Preble, at Battery Rivardi, just above and beyond the Spring Point Museum, and tucked in the northeast corner of Southern Maine Community College's (aka SMTCC) campus. As I wound my way from a school parking lot, a soft breeze off the ocean to my right was infused with sea salt and there was the muffled sound of a foghorn in the distance. But most amazing was the serendipitous bagpiper beeping us to MacBeth.

The space dedicated to the open-air stage is marvelous—and especially well suited for a Shakespearean production. This one, directed by noted local actor Michael Howard, runs Wednesdays through Saturdays until July 12, at 8 p.m. (Tickets are free but reserve yours by calling 828-0128.) Patrick Dullea, the scenic and costume designer, resisted the temptation to let the space speak entirely for itself—simple but effective drapes and cushions in bold colors help delineate space and place. His costumes seem inspired by a post-modern punk look with a touch of Mussolini's Brown Shirts added in for authority.

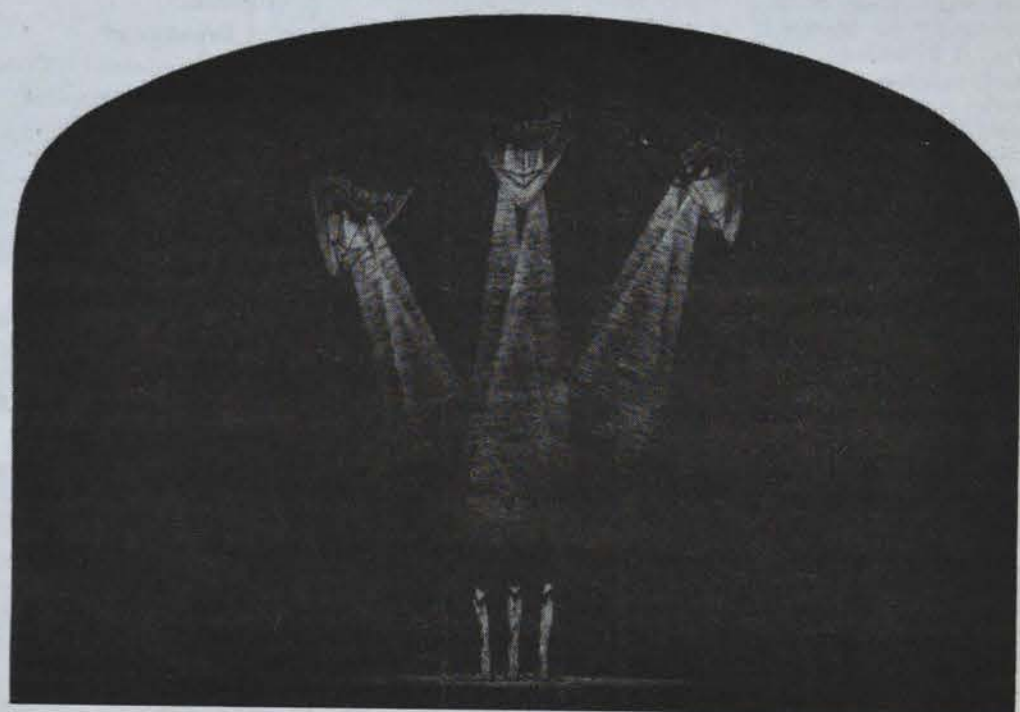
MacBeth is a play fraught with more than just superstition for theatres. It is a hard play to do. It can seem plodding and, even worse, ridiculous. A first glance at Seth Rigoletti, cast as MacBeth and also the Stage's executive director and Waynflete School's director of the-

atre, makes one wonder if this unprepossessing young man can carry off the role. Then, before our eyes, he morphs, first into a slick operator and then into a proto-Charles Manson. The innocent face goes from manipulative to maniacal. Lady MacBeth (Miranda Hope) also pulls off her part—carried by her presence and her fabulously resonant voice. Banquo (Tony Correia) is outstanding—his natural delivery; his ability to "talk" Shakespeare, is remarkable. Also noteworthy was a scene near the end, as the anti-MacBeth forces assemble in some sand dunes next to the main stage. It's a beautiful example of integrating the location and making it an integral part of the experience.

There are many wonderful moments in this production. Unfortunately, I can't give it an A+ because of a serious—but not fatal—flaw. Some of the sightlines, and even some of the sound lines, are not very good. Shakespeare is a challenge and doesn't need added difficulties of seeing and hearing—especially in a space that should seem intimate. The good news is that these are problems that can be remedied. For the short term—sitting up front is the way to go. (The Stage is already providing bug juice at each aisle in response to opening night's mosquito banquet. Perhaps a carbon dioxide trap would be nice for the long haul. An issue that an event partner, South Portland Parks & Recreation Department, will probably be dealing with in more detail in the future.)

But even without an A+ grade, this is a production well worth seeing—and a stage company worth keeping track of. The Stage at Spring Point helps to fill the gap left in the local theatre community by the demise of The Oak Street Theatre. There are just two things left to say—hats off and welcome to the neighborhood.

PHOTO ART TODAY



Movies



Father Knows Best Son Knows Better

In a long-gone era in America, *Father Knows Best* was more than the name of a popular TV show. The childhood homes of many of the Baby Boomers were ruled by a father who either *did* know best, or was led to believe he did by the lack of alternative comments. The father was often the sole breadwinner, the disciplinarian, and the decision-maker.

Things are different today. Not only are fathers no longer the sole breadwinner, they often aren't even the primary income producer. But the biggest and most disturbing change in family life is the eagerness with which children will disagree with their dads.

All of the above is, of course, the opinion of this particular father who grew up a bit fearful of his dad, and looking forward to the day when I would be the breadwinner, disciplinarian, and decision-maker. I looked forward to the day when I would know best.

Well, I'm 54 years old now and have three sons, none of whom is reluctant to express his opinion when they disagree. *Father Knows Best* is no longer shown on TV, not even on the all-early-television cable channels. And "father knows best" is not a concept embraced by my children.

But when I took my life-long love of movies to a newspaper editor, offering to write a weekly film review—and the offer was accepted—I figured that at last my opinion would count.

That was before my middle son, Andy, graduated from Rockport College with a degree in filmmaking. With that education, and his readiness to disagree, I found that my reviews had a knowledgeable but cynical critic—my own flesh-and-blood, my own 22-year-old son, Andy.

Part of the reason for these competing reviews is to offer two sides of the story. But a prime purpose is to prove that sometimes, father *still* does know best. Let the viewer decide.



Emily Watson and Adam Sandler getting Punch Drunk in love

Punch-Drunk Love

by Tom Keene

This film was released on DVD and VHS on June 17. Rated R for strong language, sexuality and some violence, it runs for 89 minutes.

by Andy Keene

Punch-Drunk Love is the antidote to the romantic comedy - that affliction which plagues our movie screens. The movie follows a similar formula to the standard studio romantic comedy, but it's also so completely unique that it's virtually critic-proof (take that, Dad). It can go from whimsical, touching, and warm to cruel, cynical, and violent in seconds. It is what it is. But what is it?

Think of a romantic comedy - *Two Weeks Notice*, *Pretty Woman*, *When Harry Met Sally* - any of those delectable creations. Now imagine it filtered through the distinctive sensibility of Paul Thomas Anderson, director of *Hard Eight*, *Boogie Nights*, and *Magnolia*. He's obviously a guy who has seen thousands of movies in his life, and has studied every style of filmmaking, and now wants to try it a new way. Maybe Anderson is an acquired taste for some, but I can't watch one of his movies without feeling giddy, because I dig every moment, and I know that something completely surprising can happen in the very next scene. Take the climax of *Magnolia* - Anderson took a multi-character personal drama and inserted a scene more appropriate for a biblical epic (if you've seen it, you'd know exactly what I'm referring to). But it worked. In *Punch-Drunk Love*, he takes a simple romantic comedy and seamlessly weaves in a phone sex scheme, lots of pudding, an abandoned harmonium, and a hopelessly antisocial leading man.

He is the eccentric, mumbling Barry Egan, played by Adam Sandler in the best (or, the only good) performance of his career. The love interest is Lena Leonard, a bit of an oddball herself, played by classy actress Emily Watson. These two quirky characters have entire back-stories that are left almost completely to the imagination. They meet, not in some cutesy, contrived situation, but because Lena wants it, and because Barry needs it. Barry lives in the shadow of his seven dominating sisters. He is always cringing in their presence, afraid that their passive aggressive behavior will turn outright abusive.

The cinematography, by Robert Elswit, gives *Punch-Drunk Love* a visually overstuffed look, with blown-out exposures and ever-present camera glare heightening Anderson's wacky cinematic ideas. Jon Brion's weird, rhythmic musical score punches up the tension and the feeling that anything can happen. These elements, and Anderson's virtuoso filmmaking style, add up to a movie that is something more than any other romantic comedy made recently. I rate *Punch-Drunk Love* with five out of five stars.

The adjective *uneven* is defined as describing something having ill-matched parts, something not consistent, not smooth. Uneven describes a whole made up of parts that are not of equal quality.

That almost perfectly describes *Punch-Drunk Love*. The first 30 minutes contain some of the funniest scenes ever filmed, and most brutally frank dialogue ever written. (Without revealing the crude situation, the line, "I don't know what it's doing right now," is destined to be repeated like, "Frankly, my dear, I don't give a damn.")

But suddenly, the screen is filled with a kaleidoscope of color—no pattern, no purpose, no explanation—apparently, just an attention-getting device. Throwing up in public also draws attention, but it's no more welcome on the street than this first of several color-fests in *Punch-Drunk Love*. It's from this point that the film becomes annoying.

Let's return to the dictionary: to annoy is to cause slight irritation to another by troublesome, often repeated acts. I admit that the most of director Paul Thomas Anderson's repeated troublesome acts are relatively minor, but their purpose seems to be to impress with his vaunted creativity rather than tell a story.

And the story is very interesting. Barry Egan (played by Adam Sandler in the first useful time he has spent before a camera) is a man with seven sisters, each unpleasant in various ways. One literally charges her brother, head lowered and ready to fight. Another mocks Barry's use of the word "chat." Yet another refuses to forget that Barry once used a hammer to destroy a plate-glass door. As we meet each one, the Chinese concept of one child per family begins to make perfect sense.

Barry owns a business which distributes a variety of joke-items and souvenirs. His employees are as unusual as the products they peddle, but little in their warehouse is as strange as Barry's growing collection of "Healthy Choice" pudding. He believes he has found a loophole in a promotion that offers frequent flyer miles in return for the purchase of the company's food products.

In spite of having a large family, Barry is lonely, with no one to talk to about his problems. Actually, it would take a rare kind of courage to maintain relationships with those seven women, but Barry's decision to call a phone-sex service just to unburden his soul is odd. But call he does, chat with a girl he does, and the already-declining film now folds in on itself.

True, there are still a few memorable moments, but they are rarer than sunsets in an Alaskan summer.

Adam Sandler is actually good in *Punch-Drunk Love*—amazingly, given his track record. But the genuinely-talented Emily Watson is wasted.

I rate this film with two out of five stars, only for the first third—the middle and the end barely rate a single star.

And by the way, Andy, while *Two-weeks Notice* and *Pretty Woman* aren't classics, they are very good films. *When Harry Met Sally* is indeed a classic film, one that will be watched long after *Punch-Drunk Love* is forgotten, which will probably happen before the battery in my watch wears out.

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ARIES (March 21-April 19): Baseball players sometimes use the term "winning ugly." It refers to a game in which they've managed to emerge victorious even though they've made mistakes and performed below their potential. I predict you will soon have occasion to invoke this phrase to describe your own version of anaesthetic triumph. There's another term I want to arm you with: "ugly ripe." Technically, it's the name of a delicious heirloom tomato whose irregular, bulbous shape sets it apart from the smooth, bland varieties that fill the tomato sections of most grocery stores. In the coming week, it will also apply to the peculiar but juicy quality of your life.

TAURUS (April 20-May 19): I predict that in the next seven days you will receive exactly 22 email advertisements offering to increase your penis size and 22 email ads to increase your breast size. Although you may be inclined to dismiss this as abhorring inconvenience, I believe it will be an excellent cosmic omen that confirms what the astrological configurations reveal: a sign that you're primed to express both masculine and feminine qualities in a more intense and yet balanced way. I suppose this possibility may repulse you if you identify yourself as a macho male or a girly girl. But for most of you, capitalizing on this opportunity will make you smarter and sexier.

GEMINI (May 21-June 20): Philosopher Jean Houston likes to quote a Native American saying that's important for you to hear right now: "When we take one step towards the gods, the gods take ten steps towards us." Here's another way to think about it: There are huge cosmic intelligences whose work is imperceptible to our five senses. They aren't figments of the imagination or sentimental fictions, but actual beings. When we acknowledge their existence and ask for their help, they enjoy responding. More than that: They love to collaborate with our strong intentions.

CANCER (June 21-July 22): Here's the homework I gave my readers two months ago: "Guess what age you'll be when you finally know exactly who you are." In response, a Cancerian woman named Bridget wrote this: "I hope I NEVER completely know who I am! I love discovering new mysteries about myself; I love to change as everything else around me changes. It's one of the most beautifully thrilling things about life—that the only constant is change. If I ever knew completely who I am, it'd be a sad day—because it will mean that I haven't changed in a long time, that I've become stagnant." Bridget's buoyant words should serve as your inspiration, Cancerian. You're already the zodiac's most frequent and expert changer, and these days you're primed to mutate even more than usual.

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In other words, a good song articulates everything one's unconscious feelings and unvoiced beliefs, thereby creating group solidarity. Your assignment in the coming weeks, Libra, is to use everything—music, ritual, constructive gossip, parties, pep talks, or whatever works—to do for your tribe what music does for the Zulu.

SCORPIO (Oct. 23-Nov. 21): "Dear Dr. Breznsy: Reading your scopes lately has felt like finding a roll of hundred dollar bills in a heap of moldy sour cream in a garbage can; like getting a great massage from a cute underwear model in a velvet sanctuary while some jerk with a chainsaw prunes trees outside. How about serving up less paradoxical advice? I'd almost preforgetting a purely bad prediction to this maddening ambiguous stuff you've been serving up. -Scorpio Goddess" Dear Goddess: I'm just reporting the facts, ma'am. You yourself have been like a sleek athlete trying to do what you do best while stuffing your face with doughnuts... like a brilliant scholar struggling to read your books in a mirror with one eye closed... like a spontaneous kid hoping to convince a humorless octogenarian to play tag.

SAGITTARIUS (Nov. 22-Dec. 21): Jeanine, a Sagittarius woman I know, likes to compare her lovers to food. Recently she gave me a dissertation on her romantic history. "When I was 21," she said, "I had two guys. One was a pepperoni pizza-type. He was too spicy to enjoy more than once a week. The other guy was like oatmeal, bland and filling. I didn't get tired of him, though on the other hand he wasn't too exciting. Now that I'm 37, my tastes have ripened. I'm not much interested in oatmeal men any more! I could have pepperoni pizza every day." I believe Jeanine's evolution parallels a transition you're going through, Sagittarius. You don't have as much time as you used to do for the bland, filling stuff. You need intense flavors more frequently. This applies to every part of you, not just your love life.

CAPRICORN (Dec. 22-Jan. 19): Everything now and then, you need to get exactly what you want; it is the duty of the cosmos to bring you the thing you have specifically asked for. This is not, however, one of those times. Rather, you're in an astrological phase when it is important for you to give someone you care for exactly what he or she wants; it's your duty to bring that person something he or she has specifically asked for. So choose a deserving soul for whom you will be an angel of perfect generosity.

AQUARIUS (Jan. 20-Feb. 18): During the next three weeks, it's crucial that you laugh more while you're working and chortle more while you're driving and giggle more while you're paying bills. In mysterious ways that would take me thousands of words to describe in full, the proper evolution of your long-term dreams requires you to have clownish epiphanies in situations where you've been way too serious. It'll also be important for the mental health of those you care about. In other words, Aquarius, playful abandon will not merely be a pleasant diversion but an essential medicine.

PISCES (Feb. 19-March 20): In accordance with the astrological omens, Pisces, I invite you to take on an additional job title in the week ahead: beautifier. If you agree to carry out the duties of this role, you will incite gorgeous fun and lyrical mystery everywhere you go. How? Bring scintillating harmony and mischievous grace into your conversations. Sneak a Chagall print onto an unadorned wall. Break into whimsical songs, dispense outrageous praise, ask crafty questions that provoke original thoughts, and point out all the institutions and relationships that are working really well. (P.S. You won't believe how many selfish benefits will come your way if you do this.)

Homework: Read pages 182 and 183 of my book, The Televisionary Oracle, and send your responses to me at freewillastrology@hotmail.com.

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BEEN HIBERNATING. DWF ISO SWM, 40-55, who's interested in a Lady who's sincere, loyal and lovable. I'm 5'3", reddish-brown hair and brown eyes. Looking for a Gentleman who wants friendship that may evolve into a relationship. #85085

BODACIOUS, BRUNETTE BEAUTY! Single White Female, 47, 5'5", 250 lbs, seeks hardworking, handsome, faithful, honest, kind, much younger Man, 25-40. Marriage only. (CA) #85095

DANCE WITH ME! DWF, upbeat but laid-back, beautiful smile and dimples, seeks handsome, 30-40, clean-cut, easygoing but energetic, financially secure and knows how to treat a Lady. Short beard, mustache ok. Very little body hair, please. Call for more! #85058

ENCHANTED, SOULFUL LOVE! 37-year-old, 5'4", attractive, N/S DWF. We are spiritually, emotionally and physically fit, centered and spontaneous. We love laughter, joyous living now, magic moments, pets, children. We orbit to each other... are ready for it all. Find me now! #85094

EVER RIDDEN A tandem bicycle? Looks like fun but it needs two. I'm authentic, curious and 50. There are paths to walk and mountains to climb. Join me! #85189

FOR REAL, ATTRACTIVE, fun, bright, very young 45-year-old Woman without baggage or children. Looking for same qualities in Gentleman, 40-50. Please be kind, genuine, adventurous, successful, a bit chivalrous, healthy, N/S, light social drinker. #85025

FUN LADY, MID-40S, seeks SWM, 35-45, who likes to laugh. Enjoys movies, walks, Old Port restaurants, traveling, chess, family, friends and more. Looking for friendship and possible romance. #85043

GOOD TO GO, Life good now, sharing with partner even better. I'm youthful 51, idealistic, open-minded, warm. Interests: my kids (little and big). Creating home and garden, dancing, exercising, open to something less than partnering, maybe even walking on beach. #85077

HONEST, SINCERE, CARING, 47-year-old SF looking for attractive, forty-something Male who would like to share companionship and good times. Please be financially secure. Enjoy traveling, swimming, movies, dining out and music. #85052

HONESTLY, ARE YOU out there? I'm a Divorced, full-figured, n/s mother of one, 40, caring, romantic, giving, enjoy good conversation, long walks, dining out, movies and other indoor and outdoor activities. Seeking a Man with similar interests, companionship, possibly something long-term. #85031

INGENUOUS, CENTERED ART enthusiast, DWPF, 55, silver/brown, 5'4", size 16, L/D, relishes Monhegan, jazz, eclectic cuisine, gardening. ISO honest, sharing S/DWPM, 50s, stable work and home, N/S, with mental and physical health, SOH, interests, inquiring mind, for LTR. Portland area. #85054

INTELLIGENT, APPRECIATIVE, LAUGHING, deep, honest, musical, dancing, reading, animal loving, natural world absorbing Woman, 49, great smile, committed to social justice (ok, sometimes frowning). Seeks thoughtful, smart but not knowing it all, nationalism hating Man, 38-65, for long relationship. #85061

IT'S BEEN A lonely winter, hope the summer is not the same. SWF, 44, 5'7", homeowner, pool and lots of wood. Looking for the big bad wolf to chase me around. Be tall, handsome and financially secure. #85047

LOOKING FOR MR. Right, Plus-sized SWF, 43, 5'9", brown/hazel, enjoys dining in or out, slow dancing, walks on the beach, quiet evenings, cuddling and holding hands. Desires S/DWM, 40-50, for friendship, LTR. Portland area only. #85007

SENT FROM ABOVE, Ready to meet you. Me: cute, adorable, cuddly, spiritual, passionate, creative, lover of outdoors, especially the ocean, entrepreneur. Are you thirtysomething, too? Secure in self, smart in life, kind, spiritual, romantic, funny, affectionate. Come find me. #85005

SWF, 38, LONG blonde/blue, smoker, loves NASCAR, Jeff Gordon and who ever comes along. Wishes to meet nonjudgmental, open-minded Man, light smoker and drinker ok, for good times. #85178

Male Seeking Female

36-YEAR-OLD, HONEST, EASYGOING SWM, 5'10", medium to average build. Looking for casual dating and meeting new friends for movies, dinner, Sunday brunch, live music, Comedy Connection. #85034

37-YEAR-OLD, VERY NICE, handsome, intelligent, athletic and financially secure. Enjoys skiing, golfing, sports, fitness and being with friends. Seeks slender, sexy, intelligent, fun, 25- to 37-year-old SWF with similar interests, for dating, possible LTR. #85013

50-YEAR-OLD, ALPHA Male, dominant, looking for Female, 18+, for daytime fun and activities. All limits are respected. #85016

ATTRACTIVE, EASYGOING SINGLE dad of one teen, 5'9", 170 lbs, black/brown, athletic build. Likes travel, sports, beaches and life! ISO attractive, petite, feminine Female, 5'4" or under, 30-40, who likes to laugh and enjoys life in general, with similar interests. #85022

ATTRACTIVE DWM, 37, professional, bright and charming, enjoy both listening to music and playing guitar, walks by the ocean, candlelit dinners and romantic getaways. Looking for friend to share same interests. #85077

ATTRACTIVE DWM, 5'9", 145 lbs, 43 (looks younger), black/green, totally honest, hardworking, self-employed, like dining, dancing, beaches, ATVs, camping, traveling, etc. Seeking slim, attractive WF, 30s-40s, for friendship, dating, possible LTR. Children welcome. #85060

ATTRACTIVE, EASYGOING SM, Widower, 46, good sense of humor, open-minded, outgoing, zest and passion for life. Looking for Lady with same. Enjoy long rides, music, walks on beach, mountains. Looking for Lady who's also sensual, passionate and romantic, as I am. #85175

CARING, HANDSOME, ADVENTUROUS SBPM, 47, well-traveled, funny, well-educated. Seeking WF for friendship and relationship. (CT) #85057

CARING, LOVING MAN, DWM, 43, 5'7", 165 lbs, red/hazel, N/D, artist, easygoing, likes dancing, camping out, movies. ISO Lady, 30-45, with same interests, weight unimportant, possible LTR. #85084

DWM, 35, LIGHT brown/blue, likes sports, camping, outdoor activities, having a good time. Looking for SF. Must have good sense of humor and love to have fun. Interests: brunch on Sunday, movies, plays, new restaurants, cycling. I'm masculine, fit and looking for same. #85042

EVERYONE GOT'S BAGGAGE, Mine contains tennis balls and rollerblades. If you are a SF, 25-50 and like tennis or rollerblading, call me. I'm 45, in good condition and ready for better weather. Sense of humor and a little athleticism helpful. #85079

GREAT QUALITY TIME and great benefits. Are you absolutely, positively looking for someone? Are you 40-50, n/s, n/drugs, light drinker? Are you fit, decent, honest, loyal, dependable, open, flexible, outgoing, communicative and romantic? I'm all of that plus. It's your move. #85003

HI, LADIES! DOWN-TO-EARTH, spontaneous, honest, caring, 49-year-old Male, 6', 170 lbs, brown/brown, 36" waist, one-Woman Man, certified PC tech, well-educated, honorably discharged from service in '74, many varied interests. Looking for lovely Lady to spend time with. No games. #85151

I PRACTICE ASHTANGA yoga daily. I am 56, balding, with shoulder length graying hair, retired, slim, healthy and enjoy relationship. I travel to St. John and India and want someone to share with. Are you interested? #85087

PARTNER IN CRIME, 39-year-old, shy BM, n/s, n/d, looking for a nice Woman. Must be honest, kind and easygoing. Who would like to have a nice time. Race and age unimportant. #85086

ROSES, CARROT CAKE, SWM, 6'1", grayish hair and beard, light blue eyes, physically, emotionally and spiritually fit, SOH, romanticist. Seeking attractive SWF, 49-55, who is also seeking a partner and knows she deserves love and nothing less. #85154

SM, 48, 5'10", 175 lbs, vegetarian, N/S, looking for yogi soulmate. Other interests: international music, fiddle, cinema, hiking, camping, woods, mountains, plain living, high thinking, reading, beaching, leftist politics and love. #85162

SWM, 37, 6', brown/green, 170 lbs, swimmer's body. Into fitness and building certain muscles to their maximum. ISO Female, 18-40, who wants to feel my new muscles. #85089

SWM, 40, 6'2", work in construction, looking for a SWF, 28-40, to spend time with. Let's have some fun and get to know each other. Enjoy canoeing, hiking and outdoors. Friendship first and let's see where it takes us. #85070

VEGETARIAN, 43-YEAR-OLD SWM, wacky sense of humor, cycles, swims, likes film and theater. Looking for vegetarian Woman who likes to laugh, isn't afraid to cry and states her needs. Must like dogs. #85188

VERY HANDSOME MAN, 45 (look 30s), 6'4", 195 lbs, nice build, funny, intelligent, caring, very successful, outdoors person. Looking for pretty Lady with beautiful eyes, slender, outdoorsy, intelligent and sweet. #85040

Alternatives M Seeking M

50-YEAR-OLD, ATTRACTIVE, MASCULINE Male, 6', 185 lbs, available to older Male. Must be healthy, discreet and imaginative. Unusual variations are ok. #85066

BRUNSWICK AREA. HUMOROUS, young-looking GWM, 52, 5'6", 165 lbs, brown/brown, ISO honest, sincere, loving SM, 45-55, N/S, N/D. Call me and let's get together. All calls will be returned. #85152

DECENT GUY ENJOYS work, passionate about interests, like to meet someone to share them, easygoing, enjoy going out and having a good time with friends. Interests: brunch on Sunday, movies, plays, new restaurants, cycling. I'm masculine, fit and looking for same. #85065

GM INTERESTED IN sharing mutual enjoyable times, varied interests. Me: 5'10", 210 lbs, n/s, You: 36-56, n/s. Not into the bar scene. Call with details. #85185

GM, 54, 5'9", 180 lbs, good-looking, healthy, masculine, looking to meet that special someone. For you, I am loving, caring, passionate, sensual. You be there for me and I'll be there for you. #85072

LAY BACK, RELAX, Let this BIM take a load off your mind. You be pleasant, very healthy, disease-free and ready to have a great time. Please call now. #85074

MALE, 39, GREAT physical shape, clean-cut, fun, outgoing. Seeking Male. #85049

SGWM, YOUTHFUL 53, 5'5", 170 lbs, with light brown hair and blue eyes, professional, live alone my in own home. Enjoy traveling, movies, biking and walks along the beach. Searching for GWM for fun, friendship and LTR. #85091

YORK COUNTY GWM, 35, 5'7", 142 lbs, brown/brown, young-looking, lift weights 4 to 5 times a week, hard-working, ambitious, not into drugs or body piercings. ISO same, 35-44. #85093

YOUNG 41-YEAR-OLD GWM, father, spiritual, humorous, N/S, N/D, professional, offers honesty. ISO dating small-to medium-built Male, 30s-40s, who takes care of himself and knows who he is. Ultimately searching for LTR with the man who has been searching for me. #85048

Wild Side

40-YEAR-OLD MAN looking for a straight Guy needing a little relief without any hassles or grief. #85069

ADVENTUROUS BM, N/S, clean-cut and healthy, looking for Females, race unimportant, for clubbing, dinner, ATVing. Must like to dress sexy. Weight unimportant. Must be open-minded but not arrogant and like to be treated nicely. (PA) #85083

ATTENTION: NUDISTS. 38-YEAR-OLD PM, 6'1", 190 lbs, seeking other attractive Males or Females under 45, who enjoy nudity indoors or out. Gay, BI or straight. Let's have some fun under the sun this summer. No weirdos. #85028

BI WHITE MALE, 45, 6', 190 lbs, into cross-dressing, seeking others who are also into cross-dressing. #85161

EX-GAY MAN, MARRIED, would like to meet similar Male for God-centered friendship. #85015

FIFTYSOMETHING MALE, 6'2", 200 lbs, quiet introvert but personable and healthy. Desires to meet an independent, H/W/P Woman for mutual fun, pleasure and hopefully LTR. #85036

GOOD-LOOKING, MASCULINE MALE seeks the same for Male bonding. No strings attached. I'm 34, 6'2", 190 lbs, brown/blue. N/s and easygoing (you be, too). Discretion guaranteed and expected. #85044

GORHAM, HOLIS AREA, ISO slim, sexy, oversexed BWM for playmate and hot oral fun. Me: slim, GWM, 50. Let's meet for discreet encounters. Hurry and call. #85051

HANDSOME VERY MARRIED WPM, 50s, trim, athletic build, safe and healthy (with proof), who's spouse has lost interest. Seeks one very Married Female counterpart for erotic affair the old-fashioned way, long-term, monogamous, healthy and totally discreet. #850372

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**PHOTOGRAPHY:
CONNIE
VANDENDRIES
OF
SACO**

POETRY:

Walls

By Lucas A. Ewald of Portland

Everyday I walk along this scattered broken wall
Wishing for the wind to blow, so I can watch it fall.
A wall you cross and once you do, there is no turning back
I crossed the wall, what can I do? But brace for an attack
Like the sapling beside the wall, all I see is broken light
I try to overgrow it, but I can't rush this lasting fight.
Morning to night, I hope for rain to wash away the pain,
To slowly rinse the wall away, so I can grow again.
So many years have passed, I have grown so old.
I look out at that big old maple, in my heart I'll always hold
And what's left the wall,
the wind and rain has yet to wash away
Lies beneath the maple now, shaded everyday.

The Social Whirl

By Sarah Jamison of Orr's Island

Am I memorable to you?
Can you recall my name?
Will you pass me by as others do?
In your eyes are we all the same?

All the faces together do we blur?
The tellers, clerks, the delivery boy,
Those in the everyday social world,
Are we your banged up, wind-up toys?

Are you glad to see us when fresh and new?
This world tears us down, keeps us still,
Teeming masses working for the privileged few.
Lots of empty pockets to fill.

I know you, what you buy,
I know the rude things you say.
You complain about that other guy.
But I bagged your groceries yesterday.

quality time

Kids' korner

by Ben Allen

Hello! This week I will talk about a certain Lego set called the Bionicle Master Builder Set! I got this set last week and it is a great set!

The master builder set is actually 15 mini sets in one. Instructions are included for 15 different sets. Each set is one of the creatures that live on Mata-Nui, the island where the Bionicle story takes place.

My personal favorite is the Gohu Kahu, a combination of a bug and a bird. It has a wheel that when you turn it, the

wings flap, and the arms can pick things up. Many of the models included can fit in your pocket, so this is a good set for road trips or long journeys.

The only drawback of the set is that you can only make one of the creatures at a time. There aren't enough pieces to make any two at the same time. I give the Bionicle Master Builder Set 4 out of 5 stars! Bye!

See ya next week!

Funny bone

Kids Korner

Question: If you could live forever, would you and why? Answer: "I would not live forever, because we should not live forever, because if we were supposed to live forever, then we would live forever, but we cannot live forever, which is why I would not live forever," - Miss Alabama in the 1994 Miss USA contest.

"Smoking kills. If you're killed, you've lost a very important part of your life," - Brooke Shields, during an interview to become spokesperson for federal anti-smoking campaign.

"We've got to pause and ask ourselves: How much clean air do we need?" - Lee Iacocca

"The word 'genius' isn't applicable in football. A genius is a guy like Norman Einstein," - Joe Theisman, NFL football quarterback & sports analyst.

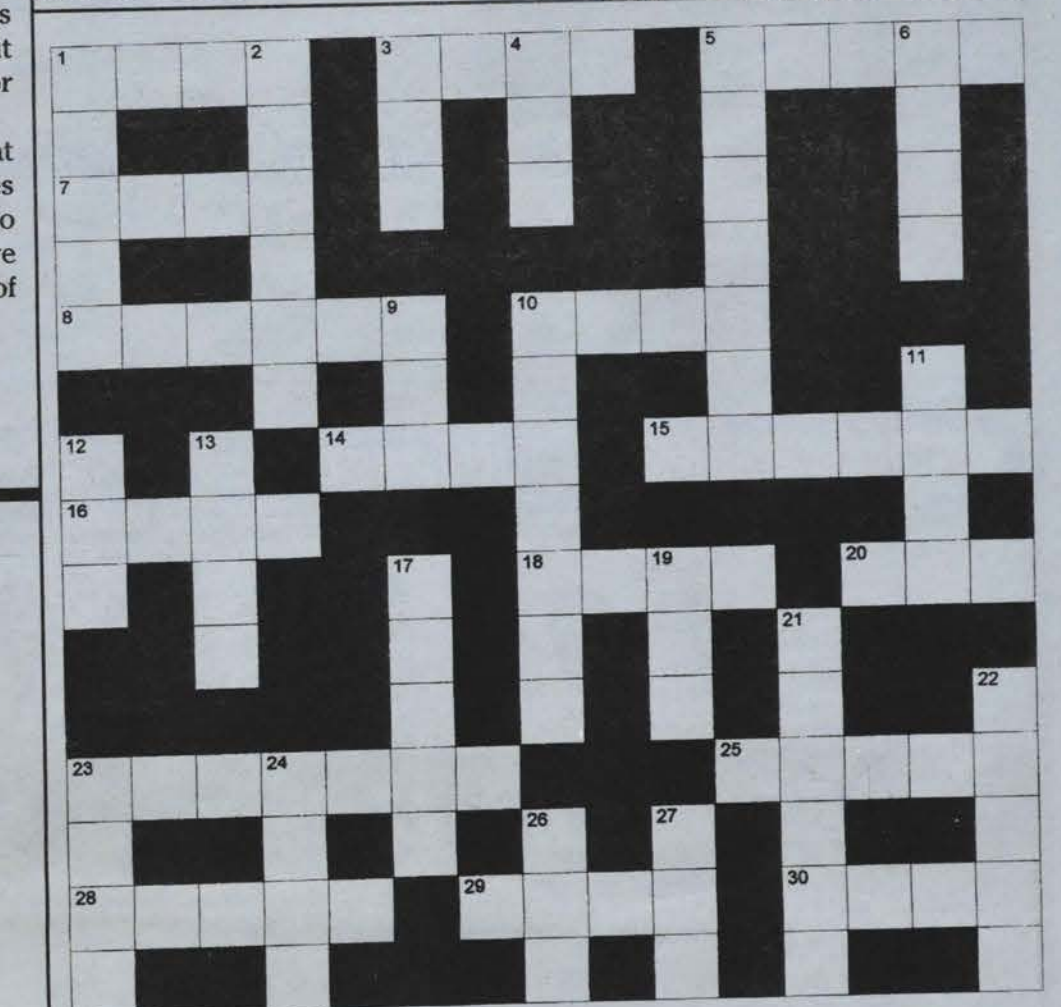
"If we let the loggers go in and cut down all the trees we wouldn't have a problem with forest fires." - George Bush

"I've never had major knee surgery on any other part of my body," - Winston Bennett, University of Kentucky basketball forward.

A big part of the way life should be is sharing time with others. Kids discussing what's up at school with their parents, co-workers sharing a joke, chatting with a stranger in the checkout line—that's building community, one moment at a time. Towards that end, we devote a page every issue to humor & puzzles for all ages. We hope you'll share them with whoever's sitting across from you as you read this—whether it's your son or daughter or the guy at the bus stop.

Art Galleries

Crossword



Across

- 1 The ____ Gallery, Birch Harbor
- 3 ____ Gallery, Bar Harbor
- 5 Portland Public Library's gallery
- 7 Pierre's pal
- 8 ____ American Crafts, Portland
- 10 Nihilistic movement meaning "hobbyhorse"
- 14 Spanish seaport
- 15 ____ Artisans
- 16 ____ Jewelry Gallery, Northeast Harbor
- 18 Track combining form
- 20 Medium for writing or drawing
- 23 ____ Gallery, Portland
- 25 ____ Gully Gallery, Portland
- 28 Botswana Lake
- 29 Painter's studio
- 30 Peru Seaport

Down

- 1 Florida city
- 2 Painting on fresh plaster
- 3 Wicasset ____ Gallery, Wicasset
- 4 Television frequency
- 5 ____ Gallery, Machias (2 words)
- 6 Wicasset ____ Gallery, Wicasset
- 9 turf
- 10 The ____ Room, St. George
- 11 Japan city
- 12 Latin is
- 13 Godfather
- 17 ____ Gallery, Blue Hill
- 19 Contemporary Art, Brunswick
- 21 ____ Family Gallery, N. Sullivan
- 22 Earliest human art created in Old Age
- 24 Sesame Street character
- 26 English Channel bay
- 27 Inhabitant suffix



Answers to last week's puzzle



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(Ad #30060)

Bangor — \$158,900



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